

COACHING CERTIFICATE – M105

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COURSE TITLE	COURSE NUMBER	PREREQUISITES	CREDITS	SEMESTER TAKEN	GRADE
GENERAL EDUCATION REQUIREMENTS			<u>10</u>		
Standard First Aid and Personal Safety/CPR or Sports First Aid	HFN 103 HFN 104		1		
Fundamentals of Coaching	HFN 110		3		
Coaching Sports Youth	HFN 112	HFN 110 or instructor permission.	3		
Physical Conditioning I	HFN 180		1		
Physical Conditioning II	HFN 181		1		
Physical Conditioning III	HFN 182		1		
PROGRAM ELECTIVES <i>(Select two from the following)</i>			<u>6</u>		
Sociology of Sport	SOC 240		3		
Psychology of Sport	PSY 250		3		
Sport Law (Spring)	SPO 211		3		
Topics in Sports	HFN 111		3		
Total Credits			<u>16</u>		

PROGRAM OVERVIEW
The Coaching Certificate is designed for the individual who is interested in working as a coach of sport and recreation.