

**HEALTH AND FITNESS MANAGEMENT CERTIFICATE – M101**

Contact: Dr. Patti Mantia, 413-552-2449, pmantia@hcc.edu

COURSE TITLE	COURSE NUMBER	PREREQUISITES	CREDITS	SEMESTER TAKEN	GRADE
<b>GENERAL EDUCATION REQUIREMENTS</b>			<b>27</b>		
Principles of Accounting I	ACC 111	Students must be eligible for MTH 085	4		
Anatomy & Physiology I	BIO 217	A "C" grade or better in BIO 100 (including lab) or BIO 103 or a passing grade on the challenge exam.	4		
Anatomy & Physiology II	BIO 218	BIO 217	4		
Standard First Aid and Personal Safety/CPR <b>or</b> Sports First Aid	HFN 103 HFN 104		1		
Introduction to Health & Fitness	HFN 172		2		
Fitness Seminar/Internship 1	HFN 190	PER 134, PER 172, or PER 183	3		
Principles of Management	MGT 230		3		
Principles of Advertising	MKT 226		3		
Introduction to Nutrition	NTR 101	Eligibility for ENG 101	3		
<b>PROGRAM ELECTIVES (Select two from the following courses)</b>			<b>6</b>		
Current Issues In Sport and Fitness	HFN 179		3		
Human Resource Management	MGT 231		3		
Customer Service and Sales	MKT 227		3		
<b>Total Credits</b>			<b>33</b>		

**PROGRAM OVERVIEW**  
The Health and Fitness Management Certificate program will prepare the student for a management position in the field of health and fitness. Students will study health/fitness and management classes in this option.

NOTES:

<sup>1</sup> HFN 190 should be taken as one of the final classes in this program.

Depending on the course selection 50% of this program can be completed online. Go to <http://webtide.hccdl.org> for further information.