TRIO SSS STAFF

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IMPORTANT DATES TO

Graduation is just around the corner!

Connect with your TRIO counselor and advisor with any questions and make sure you are ready to graduate.

click on the button below for resources, information about commencement and graduation application.
REMEMBER

Monday, April 3rd, 2023
• Open Registration Begins

Monday, April 17th, 2023
• Patriot’s Day
(Campus Closed)

Thursday, April 20th, 2023
• Culinary Arts Open House

Friday, April 28th, 2023
• Red Carpet Prom

Wednesday, March, 22nd, 2023
• Beginning of Ramadan

TRIO STUDENT SPOTLIGHT

Celebrate with us the amazing things HCC and TRIO students do!

Bianca Lopez

A first generation student, Bianca has is an engaging and driven student. She has been accepted to the Accelerated program at Bay Path University Women’s College Foundations in Alcohol and Drug Abuse Counseling. Bianca is obtaining a Bachelor with certification Minor in Psychology.

"My words of encouragement would be to never give up on your goals. I don’t call them Dreams because Dreams Don’t always come true. Goals come true when you work towards them. Don’t let others get in the way of what truly matters to you. And remember where your passion lies, there will your purpose be.”

-Bianca Lopez

Elif Kuruca

Tour HCCs STEM Department

April 5th 12:00 to 3:00 at HCC in The Kittredge Center Room 303

DO YOU EXPERIENCE HOUSING /FINANCIAL INSECURITY?
COME LEARN ABOUT:
1) HOW A CAREER IN SCIENCE TECHNOLOGY ENGINEERING & MATH CAN LEAD YOU TO FINANCIAL STABILITY
2) HOW TO NAVIGATE COLLEGE WITH FREE RESOURCES AND FAFSA.
3) ALL WITH HANDS-ON LEARNING ACTIVITIES IN:
- Biology, Computer Science & Environmental Science.

Food and beverages will be provided!

For more information, contact Bronwyn Finsly: bpinsky051@hcc.edu
H.C.C RED CARPET PROM

Please help us Welcome our new STEM tutors Zoe Caswell (STEM) and Kendra O’Connor (SSS)

My name is Zoe, and I graduated two years ago with degrees in Biology and Spanish. I’m headed to Medical school in the fall, but for now I live in Chicopee and work at Baystate Children’s as a patient care technician. I love working with kids, sharing cool science facts, drawing cartoons, and generally being outdoors. I am excited to be part of the community at
DATE: Friday, April 28, 2023
TIME: 7:00 p.m. - 10:00 p.m.
LOCATION: CC Cafeteria
ADMISSION: $10 students & $15 guests (1 guest allowed per student).
Purchase your tickets in Student Engagement, CC 227. *Prices go up to $20 each at the door

HCC this spring!

It's never too early to ask for help,
Set yourself up for Success!

TRIO SSS is still offering our students the opportunity to meet weekly with math tutors, writing tutors and learning coaches to help you meet your goals and finish the semester successfully.

Click below to submit a tutor/learning coach request form!

Tutor/Learning Coach Request
In April 6, 1930 the first Twinkies hit the market. Originally the base for the twinkies was used for strawberry shortcakes, but a shortage of strawberries caused the company to take a new direction. The first Twinkies were banana-filled.

Word of mouth is our greatest advertisement!

Tell your friends and classmates about all the great services they could be receiving if they were a TRIO student. Follow the Link below to get an application and learn about all the support services for students who are first generation to college, low-income or have a documented disability.

Refer a friend

GET IN TOUCH
TRIO Student Support Services counselors are available via phone or email Monday – Friday, 8:30 a.m. – 4:30 p.m. Call 413.552.2505 or email.

Already have a counselor? Schedule a meeting with them below:

- Schedule time with Monica
- Schedule time with Derek
- Schedule time with Luis
- Schedule time with Chaitali
- Schedule time with Xandria

RESOURCES FOR STUDENTS

Mental Health Counseling and Stress Management

HCC is proud to partner with the Center for Human Development (CHD) to provide FREE in-person and telehealth counseling for students. HCC’s Mental Health Center offers a broad range of programs and services to assist students in dealing with life’s challenges and stresses before they become insurmountable. Our professional staff offers the following counseling services free of charge to students who are currently enrolled at Holyoke Community College:

- Individual counseling
- Group counseling
- Specialized workshops

Your Mental Health is Important

CHD CLINICAL SERVICES ON CAMPUS
Where: Frost 232
When: Monday - Friday, 9 a.m. - 4 p.m.
Contact: 413.552.2626 ext. 2626 (during
**Student Emergency Fund**

If you are struggling financially, the President’s Student Emergency Fund can help! This fund assists HCC students who encounter unforeseen financial emergencies that would prevent them from continuing their education.

The COVID-19 pandemic has made these emergencies even more prevalent, but funding is available to help you overcome barriers related to housing, food, utilities, transportation and childcare. The application takes just a few minutes to complete and is reviewed within 48 hours. Students receive the support they need -- or are directed to other resources -- within a few days. The application form and details can be found on the President’s Student Emergency Fund webpage.

**THRIVE Center**

Are you dealing with homelessness or legal issues? Are you struggling with food insecurity? Do you think you qualify for SNAP or MassHealth benefits? Need help balancing your budget? Have questions about managing your credit? The Thrive Center can help! The Food Pantry is offering food pickup by appointment only from 10 a.m. - 2 p.m. Monday - Friday at the bus circle. (If coming to campus is not an option for you, please contact Thrive to discuss possible alternatives.) For more information on how to pick up food from HCC’s food pantry, click below.
Students and educators at eligible institutions can sign up for Office 365 Education for free, including Word, Excel, PowerPoint, OneNote, and now Microsoft Teams, plus additional classroom tools. All you need is an HCC student email address. Check out HCC Help Desk for more information.