



ACADEMIC MAJOR WORKSHEET

Directions: Read the Academic Major Overview. Visit the *Explore Academic Majors* activity link provided in the FYE Career Exploration site. Use this worksheet as a guide and to reflect upon your results. Be sure to make an appointment with a career development counselor or academic advisor for further assistance.

FYE Career Exploration

Pre-Activity Question:

Which major are you currently interested in pursuing?

Activity Questions: As you review various majors think about the following questions:

1. How much does the major focus on skills in reading, math, writing, science, and research? **How do your skills match up?**
2. Do the course titles sound like topics that would interest you?
3. Are you willing to put in extra work for difficult subject matter?
4. Would the major provide you with specialized knowledge or a broad range of knowledge?
5. Would the major prepare you for a specific career or would it provide you with general skills that apply to many careers?

Post Activity Questions:

1. What is the major in which you have the most interest?
2. Which elements of the coursework for the major are the most appealing to you?
3. In which academic areas of the major might you face the most challenges?
4. What strategies would you use to overcome the challenges you might face with the coursework?
5. In which academic areas of the major might you excel?