



CAREER INTEREST WORKSHEET

Directions: Read the Career Interest Overview. Use the *Career Interest Assessment* activity link provided in the FYE Career Exploration site to explore your interests. Use this worksheet as a guide and to reflect upon your results. Be sure to make an appointment with a career development counselor for further assistance.

FYE Career Exploration

Pre-Activity Questions:

If you could do any job you wanted what would you do?

What type of lifestyle do you envision yourself living?

Activity Questions: After reviewing career options, list your top 3 careers and answer the following questions for **each career**. Use a separate sheet of paper if necessary.

1. Which of your strengths or aptitudes would this career require you to use?
2. What appeals to you about this career?
3. What challenges would you face in this career?

Post Activity Questions: Answer the following questions for **each career**. Use a separate sheet of paper if necessary.

1. Are you willing to attend school for the length of time this occupation requires?
2. Will this occupation allow you to express the most important elements of your personality type?
3. Will the wage and future demand for this occupation support your desired lifestyle?
4. Does this career fit into the lifestyle you envision for yourself?