

2016 NJCAA T&F National Championship - 5/6/2016 to 5/8/2016

Outdoor Championships

Gravel Track, Westfield State University

Meet Program

Event 1 Decathlon: #1 Men 100 Meter Dash (5)

=====					
	Name	Year	School	Seed	Finals
=====					
Section 1 Timed Finals					
2	1266 Langdon, Connor	FR	Suffolk CC	NT	
3	1196 Townsend, Noah	FR	Onondaga CC	NT	
4	1269 Mattera, Jesse	SO	Suffolk CC	NT	
5	1195 Towner, Thomas	FR	Onondaga CC	NT	
6	1275 Reiter, James	FR	Suffolk CC	NT	

Event 1 Decathlon: #2 Men Long Jump (5)

=====					
	Name	Year	School	Seed Mark	Finals
=====					
Flight 1 Finals					
1	1266 Langdon, Connor	FR	Suffolk CC	ND	
2	1269 Mattera, Jesse	SO	Suffolk CC	ND	
3	1196 Townsend, Noah	FR	Onondaga CC	ND	
4	1195 Towner, Thomas	FR	Onondaga CC	ND	
5	1275 Reiter, James	FR	Suffolk CC	ND	

Event 1 Decathlon: #3 Men Shot Put (5)

=====					
	Name	Year	School	Seed Mark	Finals
=====					
Flight 1 Finals					
1	1196 Townsend, Noah	FR	Onondaga CC	ND	
2	1195 Towner, Thomas	FR	Onondaga CC	ND	
3	1269 Mattera, Jesse	SO	Suffolk CC	ND	
4	1266 Langdon, Connor	FR	Suffolk CC	ND	
5	1275 Reiter, James	FR	Suffolk CC	ND	

Event 1 Decathlon: #4 Men High Jump (5)

=====					
	Name	Year	School	Seed Mark	Finals
=====					
Flight 1 Finals					
1	1195 Towner, Thomas	FR	Onondaga CC	NH	
2	1269 Mattera, Jesse	SO	Suffolk CC	NH	
3	1275 Reiter, James	FR	Suffolk CC	NH	
4	1266 Langdon, Connor	FR	Suffolk CC	NH	
5	1196 Townsend, Noah	FR	Onondaga CC	NH	

Event 1 Decathlon: #5 Men 400 Meter Run (5)

=====					
	Name	Year	School	Seed	Finals
=====					
Section 1 Timed Finals					
2	1269 Mattera, Jesse	SO	Suffolk CC	NT	
3	1195 Towner, Thomas	FR	Onondaga CC	NT	
4	1266 Langdon, Connor	FR	Suffolk CC	NT	
5	1196 Townsend, Noah	FR	Onondaga CC	NT	

Event 1 Decathlon: #6 Men 110 Meter Hurdles (5)

=====					
	Name	Year	School	Seed	Finals
=====					
Section 1 Timed Finals					
3	1195 Towner, Thomas	FR	Onondaga CC	NT	
5	1196 Townsend, Noah	FR	Onondaga CC	NT	
Section 2 Timed Finals					
2	1266 Langdon, Connor	FR	Suffolk CC	NT	
4	1269 Mattera, Jesse	SO	Suffolk CC	NT	
6	1275 Reiter, James	FR	Suffolk CC	NT	

Event 1 Decathlon: #7 Men Discus Throw (5)

=====						
	Name	Year	School	Seed	Mark	Finals
=====						
Flight 1 Finals						
1	1195 Towner, Thomas	FR	Onondaga CC	ND		
2	1275 Reiter, James	FR	Suffolk CC	ND		
3	1269 Mattera, Jesse	SO	Suffolk CC	ND		
4	1196 Townsend, Noah	FR	Onondaga CC	ND		
5	1266 Langdon, Connor	FR	Suffolk CC	ND		

Event 1 Decathlon: #8 Men Pole Vault (5)

=====						
	Name	Year	School	Seed	Mark	Finals
=====						
Flight 1 Finals						
1	1196 Townsend, Noah	FR	Onondaga CC	NH		
2	1195 Towner, Thomas	FR	Onondaga CC	NH		
3	1266 Langdon, Connor	FR	Suffolk CC	NH		
4	1275 Reiter, James	FR	Suffolk CC	NH		
5	1269 Mattera, Jesse	SO	Suffolk CC	NH		

Event 1 Decathlon: #9 Men Javelin Throw (5)

=====						
	Name	Year	School	Seed	Mark	Finals
=====						
Flight 1 Finals						
1	1269 Mattera, Jesse	SO	Suffolk CC	ND		
2	1196 Townsend, Noah	FR	Onondaga CC	ND		
3	1266 Langdon, Connor	FR	Suffolk CC	ND		
4	1275 Reiter, James	FR	Suffolk CC	ND		
5	1195 Towner, Thomas	FR	Onondaga CC	ND		

Event 1 Decathlon: #10 Men 1500 Meter Run (5)

=====					
	Name	Year	School	Seed	Finals
=====					
Section 1 Timed Finals					
1	1269 Mattera, Jesse	SO	Suffolk CC	NT	
2	1266 Langdon, Connor	FR	Suffolk CC	NT	
3	1275 Reiter, James	FR	Suffolk CC	NT	
4	1195 Towner, Thomas	FR	Onondaga CC	NT	
5	1196 Townsend, Noah	FR	Onondaga CC	NT	

Event 2 Heptathlon: #1 Women 100 Meter Hurdles (10)

=====					
	Name	Year	School	Seed	Finals
=====					

Section 1 Timed Finals				
2	1151	Chrzanowski, Abigail	FR RC - Glouces	NT
4	1061	Therrien, Lindsay	SO Herkimer CCC	NT
6	1167	Calabrese, Bernadette	SO Suffolk CC	NT
8	1136	Smith, Coneisha	SO Prince Georg	NT
Section 2 Timed Finals				
2	1054	Bridgewater, Gabrielle	FR Herkimer CCC	NT
4	1133	Monyea, Early	Prince Georg	NT
6	1099	Foti, Nicole	SO Mohawk Valle	NT
Section 3 Timed Finals				
2	1180	Russell, Chloe	FR Suffolk CC	NT
4	1132	Link, Khyla	SO Prince Georg	NT
6	1150	Bibler, Holly	SO RC - Glouces	NT

Event 2 Heptathlon: #2 Women High Jump (10)

Name					Year	School	Seed	Mark	Finals
Flight 1 Finals									
1	1180	Russell, Chloe	FR	Suffolk CC			NH		
2	1133	Monyea, Early		Prince Georg			NH		
3	1150	Bibler, Holly	SO	RC - Glouces			NH		
4	1054	Bridgewater, Gabrielle	FR	Herkimer CCC			NH		
5	1167	Calabrese, Bernadette	SO	Suffolk CC			NH		
6	1099	Foti, Nicole	SO	Mohawk Valle			NH		
7	1151	Chrzanowski, Abigail	FR	RC - Glouces			NH		
8	1132	Link, Khyla	SO	Prince Georg			NH		
9	1061	Therrien, Lindsay	SO	Herkimer CCC			NH		
10	1136	Smith, Coneisha	SO	Prince Georg			NH		

Event 2 Heptathlon: #3 Women Shot Put (10)

Name					Year	School	Seed	Mark	Finals
Flight 1 Finals									
1	1180	Russell, Chloe	FR	Suffolk CC			ND		
2	1136	Smith, Coneisha	SO	Prince Georg			ND		
3	1132	Link, Khyla	SO	Prince Georg			ND		
4	1054	Bridgewater, Gabrielle	FR	Herkimer CCC			ND		
5	1150	Bibler, Holly	SO	RC - Glouces			ND		
6	1167	Calabrese, Bernadette	SO	Suffolk CC			ND		
7	1133	Monyea, Early		Prince Georg			ND		
8	1151	Chrzanowski, Abigail	FR	RC - Glouces			ND		
9	1061	Therrien, Lindsay	SO	Herkimer CCC			ND		
10	1099	Foti, Nicole	SO	Mohawk Valle			ND		

Event 2 Heptathlon: #4 Women 200 Meter Dash (10)

Name					Year	School	Seed	Mark	Finals
Section 1 Timed Finals									
2	1167	Calabrese, Bernadette	SO	Suffolk CC			NT		
3	1133	Monyea, Early		Prince Georg			NT		
4	1136	Smith, Coneisha	SO	Prince Georg			NT		
5	1150	Bibler, Holly	SO	RC - Glouces			NT		
6	1180	Russell, Chloe	FR	Suffolk CC			NT		
Section 2 Timed Finals									
2	1061	Therrien, Lindsay	SO	Herkimer CCC			NT		
3	1099	Foti, Nicole	SO	Mohawk Valle			NT		
4	1132	Link, Khyla	SO	Prince Georg			NT		

5	1151	Chrzanowski, Abigail	FR RC - Gloucester	NT
6	1054	Bridgewater, Gabrielle	FR Herkimer CCC	NT

Event 2 Heptathlon: #5 Women Long Jump (10)

=====					
	Name	Year	School	Seed Mark	Finals
=====					
Flight 1 Finals					
1	1180	Russell, Chloe	FR Suffolk CC	ND	
2	1151	Chrzanowski, Abigail	FR RC - Gloucester	ND	
3	1133	Monyea, Early	Prince Georg	ND	
4	1099	Foti, Nicole	SO Mohawk Valle	ND	
5	1061	Therrien, Lindsay	SO Herkimer CCC	ND	
6	1150	Bibler, Holly	SO RC - Gloucester	ND	
7	1167	Calabrese, Bernadette	SO Suffolk CC	ND	
8	1054	Bridgewater, Gabrielle	FR Herkimer CCC	ND	
9	1132	Link, Khyla	SO Prince Georg	ND	
10	1136	Smith, Coneisha	SO Prince Georg	ND	

Event 2 Heptathlon: #6 Women Javelin Throw (10)

=====					
	Name	Year	School	Seed Mark	Finals
=====					
Flight 1 Finals					
1	1099	Foti, Nicole	SO Mohawk Valle	ND	
2	1054	Bridgewater, Gabrielle	FR Herkimer CCC	ND	
3	1132	Link, Khyla	SO Prince Georg	ND	
4	1151	Chrzanowski, Abigail	FR RC - Gloucester	ND	
5	1180	Russell, Chloe	FR Suffolk CC	ND	
6	1061	Therrien, Lindsay	SO Herkimer CCC	ND	
7	1133	Monyea, Early	Prince Georg	ND	
8	1136	Smith, Coneisha	SO Prince Georg	ND	
9	1167	Calabrese, Bernadette	SO Suffolk CC	ND	
10	1150	Bibler, Holly	SO RC - Gloucester	ND	

Event 2 Heptathlon: #7 Women 800 Meter Run (10)

=====					
	Name	Year	School	Seed	Finals
=====					
Section 1 Timed Finals					
1	1133	Monyea, Early	Prince Georg	NT	
2	1099	Foti, Nicole	SO Mohawk Valle	NT	
3	1132	Link, Khyla	SO Prince Georg	NT	
4	1150	Bibler, Holly	SO RC - Gloucester	NT	
5	1054	Bridgewater, Gabrielle	FR Herkimer CCC	NT	
6	1136	Smith, Coneisha	SO Prince Georg	NT	
7	1151	Chrzanowski, Abigail	FR RC - Gloucester	NT	
8	1061	Therrien, Lindsay	SO Herkimer CCC	NT	
9	1167	Calabrese, Bernadette	SO Suffolk CC	NT	
10	1180	Russell, Chloe	FR Suffolk CC	NT	

Event 3 Men Hammer Throw (12)

Top 9 Qualify for the Finals.  
One Flight

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	Name	Year	School	Seed Mark	Finals
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Flight 1 Finals					
1	1240	Marcucci, Nick	FR RC - Gloucester	36.94m	
2	1054	Pavlovic, Nick	FR Harper Colle	29.72m	
3	1243	Misko, Jude	FR RC - Gloucester	44.08m	

4	1152	Lockwood, Ryan	SO	Mohawk Valle	42.05m
5	1165	Johnson, Devonte	SO	Montgomery C	33.26m
6	1048	Kanan, Laith	SO	Harper Colle	49.57m
7	1150	Gorinshek, Dalton	FR	Mohawk Valle	39.82m
8	1066	Cohen, Jhamel	SO	Herkimer CCC	23.62m
9	1142	Oliver, Matt	FR	Middlesex CC	23.79m
10	1056	Soriano, Brandon	FR	Harper Colle	25.42m
11	1238	Kustera, Andrew	FR	RC - Glouces	33.47m
12	1294	Palluzzi, Michael	FR	Triton Colle	25.41m

Event 4 Women Hammer Throw (16)

Top 9 Qualifies for the finals.

One Flight

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1	1056	Charles, Lu-Aisha	SO	Herkimer CCC	16.92m
2	1139	Charles, Kemba	FR	Queensboroug	16.60m
3	1068	Elizabeth, Okeke	FR	Howard CC	18.99m
4	1092	Cassiere, Gabrielle	FR	Middlesex CC	22.10m
5	1095	Kerby-Jones, Kayiane	FR	Middlesex CC	19.34m
6	1187	Pineda, Elizabeth	FR	Triton Colle	17.47m
7	1108	Ellis, Dorothy	FR	Montgomery C	21.36m
8	1113	Magallanes, Alejandra	SO	Montgomery C	18.29m

Flight 2 Finals

1	1009	Moran, Alicia	FR	CC Rhode Isl	29.80m
2	1163	Nealer, Devon	FR	RC - Glouces	28.68m
3	1098	Butler, Kayla	FR	Mohawk Valle	30.88m
4	1164	Watson, Pam	SO	RC - Glouces	32.55m
5	1038	Buerer, Bobbie	FR	Harper Colle	35.71m
6	1043	Kloss, Leah	SO	Harper Colle	42.21m
7	1093	Fennell, Brielle	FR	Middlesex CC	26.34m
8	1050	Saitta, Mary	FR	Harper Colle	28.94m

Event 5 Men Javelin Throw (17)

Top 9 Qualify for the Finals.

2 Flights

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1	1292	Karpiesiuk, Bartosz	SO	Triton Colle	37.00m
2	1142	Oliver, Matt	FR	Middlesex CC	36.03m
3	1092	ngang, clinton	FR	Howard CC	39.33m
4	1273	Nix, Cordell	FR	Suffolk CC	40.99m
5	1286	Shirley, Eric	FR	Thaddeus Ste	39.99m
6	1043	Block, Tyler	SO	Harper Colle	38.18m
7	1219	Graham, Joshua	SO	Queensboroug	31.79m
8	1139	Miller, John	FR	Middlesex CC	40.90m

Flight 2 Finals

1	1214	Blajeski, Nicholas	SO	Queensboroug	49.64m
2	1306	Montas, Nollister	FR	Union CC	46.67m
3	1241	McDevitt, Shane	SO	RC - Glouces	57.11m
4	1074	Rideau, Tyrique	SO	Herkimer CCC	43.39m
5	1235	Hamer, Jason	FR	RC - Glouces	45.55m
6	1233	Flacco, Peter	FR	RC - Glouces	55.20m
7	1288	Steigerwalt, Devin	FR	Thaddeus Ste	43.56m
8	1179	Tyler, Donovan	FR	Montgomery C	45.23m
9	1285	John, Jason	SO	Thaddeus Ste	55.74m

## Event 6 Women Javelin Throw (16)

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Top 9 Qualifies for the finals.

One Flight

Name	Year	School	Seed Mark	Finals
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## Flight 1 Finals

1	1113	Magallanes, Alejandra	SO Montgomery C	21.06m
2	1114	Nguiyim, Jessica	SO Montgomery C	23.70m
3	1019	Mostoller, Libby	SO Fashion Inst	25.38m
4	1032	Karam, Kristen	FR Finger Lakes	24.31m
5	1070	HURD, MARY	SO Howard CC	23.09m
6	1163	Nealer, Devon	FR RC - Glouces	21.98m
7	1175	Lewis, Ebonie	SO Suffolk CC	24.72m
8	1173	Grupp, Rachel	FR Suffolk CC	24.26m

## Flight 2 Finals

1	1092	Cassiere, Gabrielle	FR Middlesex CC	28.33m
2	1118	Anderson, Kim	FR Nassau CC	27.19m
3	1050	Saitta, Mary	FR Harper Colle	28.37m
4	1164	Watson, Pam	SO RC - Glouces	38.17m
5	1038	Buerer, Bobbie	FR Harper Colle	27.71m
6	1099	Foti, Nicole	SO Mohawk Valle	25.56m
7	1115	Rhodes, Bryeana	SO Montgomery C	26.50m
8	1043	Kloss, Leah	SO Harper Colle	31.72m

## Event 7 Men Pole Vault (9)

PROGRESSIONS:

2.28 2.43 2.58 2.73 2.83 2.93 3.03

Name	Year	School	Seed Mark	Finals
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## Flight 1 Finals

1	1269	Mattera, Jesse	SO Suffolk CC	3.85m
2	1049	Kim, Dan	FR Harper Colle	3.38m
3	1235	Hamer, Jason	FR RC - Glouces	3.05m
4	1236	Hamer, Justin	FR RC - Glouces	3.35m
5	1149	Echefu, Onyinyechi	SO Mohawk Valle	3.90m
6	1275	Reiter, James	FR Suffolk CC	3.20m
7	1081	Czepinski, Bryan	FR Howard CC	3.20m
8	1055	Ruano, Ricardo	SO Harper Colle	3.35m
9	1234	Groff, Jason	FR RC - Glouces	4.10m

## Event 8 Women Pole Vault (8)

Progression

1.56 1.71 1.86 2.01 2.11 2.21 2.31

Name	Year	School	Seed Mark	Finals
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## Flight 1 Finals

1	1096	Barnes, Ruth	FR Mohawk Valle	2.45m
2	1399	Calupad, Camille	FR Bergen CC	2.60m
3	1162	Murphy, Kelly	SO RC - Glouces	NH
4	1153	Gilmore, Erica	FR RC - Glouces	2.58m
5	1165	Brockhoff, Christina	FR Suffolk CC	2.65m
6	1173	Grupp, Rachel	FR Suffolk CC	2.60m
7	1099	Foti, Nicole	SO Mohawk Valle	2.90m
8	1181	Van Nostrand, Taylor	SO Suffolk CC	2.95m

## Event 9 Men High Jump (16)

PROGRESSIONS:

	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15			
	Name		Year	School	Seed	Mark	Finals					
=====												
Flight 1 Finals												
1	1130	Vaughn, Mitchell	SO	Massasoit CC	1.85m							
2	1008	Olivieri, Tyler	FR	Bergen CC	1.93m							
3	1273	Nix, Cordell	FR	Suffolk CC	2.00m							
4	1297	Welch, Jacobi	FR	Triton Colle	1.90m							
5	1159	Akognon, Didas	FR	Montgomery C	1.75m							
6	1400	Arnett, Isaiah	SO	Bergen CC	1.73m							
7	1248	Watson, Wayne	SO	RC - Glouces	1.85m							
8	1129	Springer, Tevon	FR	Massasoit CC	1.68m							
9	1046	Dorsen, Nick	SO	Harper Colle	1.82m							
10	1266	Langdon, Connor	FR	Suffolk CC	2.03m							
11	1265	Jackson, Mark	FR	Suffolk CC	1.98m							
12	1177	Scott, Michael	FR	Montgomery C	1.80m							
13	1031	Laskett, Jerrett	FR	Finger Lakes	1.80m							
14	1135	Gooding, Denzel	FR	Middlesex CC	1.83m							
15	1186	Cromartie, Billy	FR	Onondaga CC	1.78m							
16	1232	Downes III, Percell	FR	RC - Glouces	1.93m							

Event 10 Women High Jump (13)

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PROGRESSIONS:												
	.86	.91	.96	1.01	1.06	1.11	1.16	1.21				

	Name		Year	School	Seed	Mark	Finals					
=====												
Flight 1 Finals												
1	1147	Tappin, Sharina	FR	Queensboroug	NH							
2	1022	Phillips, Rebecca	SO	Fashion Inst	1.59m							
3	1136	Smith, Coneisha	SO	Prince Georg	1.26m							
4	1105	Sherry, Courtney	FR	Mohawk Valle	1.53m							
5	1155	Koomson, Josephina	FR	RC - Glouces	1.34m							
6	1127	Early, Monyea	FR	Prince Georg	1.41m							
7	1115	Rhodes, Bryeana	SO	Montgomery C	1.68m							
8	1038	Buerer, Bobbie	FR	Harper Colle	1.35m							
9	1086	Houston, Deja	FR	Massasoit CC	1.23m							
10	1040	Dussard, Shayan	SO	Harper Colle	1.44m							
11	1076	Wojtanowski, Kaitlyn	FR	Howard CC	1.56m							
12	1169	Cruz, Bethany	FR	Suffolk CC	1.52m							
13	1056	Charles, Lu-Aisha	SO	Herkimer CCC	1.21m							

Event 11 Men Long Jump (19)

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Top 9 Qualify for the Finals.

2 Flights

	Name		Year	School	Seed	Mark	Finals					
=====												
Flight 1 Finals												
1	1018	Williamson, Connor	SO	CC Rhode Isl	6.34m							
2	1001	Calixte, Jonathan	SO	Bergen CC	4.79m							
3	1046	Dorsen, Nick	SO	Harper Colle	6.18m							
4	1220	Guthrie, Aaron	FR	Queensboroug	6.37m							
5	1232	Downes III, Percell	FR	RC - Glouces	6.16m							
6	1008	Olivieri, Tyler	FR	Bergen CC	6.28m							
7	1198	Abe, Afalahon	FR	Prince Georg	5.65m							
8	1043	Block, Tyler	SO	Harper Colle	6.45m							
9	1295	Stiff, Kyle	FR	Triton Colle	6.21m							
Flight 2 Finals												
1	1273	Nix, Cordell	FR	Suffolk CC	6.79m							
2	1045	Brown, Keyshawn	FR	Harper Colle	6.63m							

3	1173	Richardson-Jackson, Zachery	SO Montgomery C	6.98m
4	1177	Scott, Michael	FR Montgomery C	7.07m
5	1197	Williams, Devlen	SO Onondaga CC	7.15m
6	1265	Jackson, Mark	FR Suffolk CC	6.80m
7	1075	Simmons, Christopher	SO Herkimer CCC	6.69m
8	1259	English, Dante	FR Suffolk CC	6.85m
9	1400	Arnett, Isaiah	SO Bergen CC	6.58m
10	1245	Pessoa, Christian	FR RC - Glouces	6.71m

Event 12 Women Long Jump (15)

Top 9 Qualifies for the finals.

One Flight

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	1110	Jones, Dakota	FR Montgomery C	4.40m
2	1138	Campbell, Okera	SO Queensboroug	4.63m
3	1136	Smith, Coneisha	SO Prince Georg	4.75m
4	1144	Monteith, Rennae	SO Queensboroug	4.81m
5	1116	Thomas, Shaniel	FR Montgomery C	4.73m
6	1147	Tappin, Sharina	FR Queensboroug	4.71m

Flight 2 Finals

1	1127	Early, Monyea	FR Prince Georg	5.28m
2	1022	Phillips, Rebecca	SO Fashion Inst	4.92m
3	1175	Lewis, Ebonie	SO Suffolk CC	5.44m
4	1047	Proksa, Ashley	FR Harper Colle	5.15m
5	1183	Zelaya, Faith	FR Suffolk CC	5.01m
6	1059	Sakona, Katicia	FR Herkimer CCC	4.90m
7	1128	Forbes, Nisheil	FR Prince Georg	4.98m
8	1115	Rhodes, Bryeana	SO Montgomery C	5.30m
9	1169	Cruz, Bethany	FR Suffolk CC	4.52m

Event 13 Men Triple Jump (17)

Top 9 Qualify for the Finals.

2 Flights

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	1298	Williams, Anthony	FR Triton Colle	12.38m
2	1171	Ofosu, Bright	FR Montgomery C	12.31m
3	1230	Crouch, Elijah	FR RC - Glouces	12.03m
4	1227	Smith, Marlon	FR Queensboroug	12.26m
5	1155	Trzepacz, Tanner	SO Mohawk Valle	12.04m
6	1220	Guthrie, Aaron	FR Queensboroug	12.53m
7	1198	Abe, Afalahon	FR Prince Georg	12.13m
8	1232	Downes III, Percell	FR RC - Glouces	12.78m

Flight 2 Finals

1	1075	Simmons, Christopher	SO Herkimer CCC	13.54m
2	1253	Ozit, Odmak	FR Roxbury CC	13.72m
3	1045	Brown, Keyshawn	FR Harper Colle	13.32m
4	1263	Hinds, Malik	FR Suffolk CC	13.29m
5	1181	Linster, Joshua	FR Nassau CC	14.03m
6	1109	Kirby, Kailon	FR Kingsborough	13.44m
7	1274	Pusey, Nicholas	FR Suffolk CC	12.96m
8	1256	Assibey-Bonsu, Micah	FR Suffolk CC	14.66m
9	1058	Tolentino, Justin	FR Harper Colle	12.96m

Event 14 Women Triple Jump (10)



Top 9 Qualifies for the finals.

One Flight

	Name	Year	School	Seed	Mark	Finals
=====						
Flight 1	Finals					
1	1127	Early,	Monyea	FR	Prince Georg	10.01m
2	1181	Van Nostrand,	Taylor	SO	Suffolk CC	8.92m
3	1061	Therrien,	Lindsay	SO	Herkimer CCC	8.89m
4	1165	Brockhoff,	Christina	FR	Suffolk CC	9.09m
5	1136	Smith,	Coneisha	SO	Prince Georg	10.79m
6	1128	Forbes,	Nisheil	FR	Prince Georg	9.47m
7	1059	Sakona,	Katicia	FR	Herkimer CCC	9.05m
8	1155	Koomson,	Josephina	FR	RC - Glouces	10.38m
9	1169	Cruz,	Bethany	FR	Suffolk CC	8.84m
10	1147	Tappin,	Sharina	FR	Queensboroug	9.10m

Event 15 Men Shot Put (13)

Top 9 Qualify for the Finals.

One Flight

	Name	Year	School	Seed	Mark	Finals
=====						
Flight 1	Finals					
1	1009	Pynn,	Garrett	SO	Bergen CC	14.77m
2	1054	Pavlovic,	Nick	FR	Harper Colle	12.34m
3	1238	Kustera,	Andrew	FR	RC - Glouces	13.74m
4	1165	Johnson,	Devonte	SO	Montgomery C	14.00m
5	1150	Gorinshek,	Dalton	FR	Mohawk Valle	11.95m
6	1002	Familia,	Manuel	SO	Bergen CC	11.48m
7	1036	Newcomb,	Mike	SO	Finger Lakes	10.40m
8	1056	Soriano,	Brandon	FR	Harper Colle	13.38m
9	1179	Tyler,	Donovan	FR	Montgomery C	12.61m
10	1048	Kanan,	Laith	SO	Harper Colle	13.83m
11	1243	Misko,	Jude	FR	RC - Glouces	13.20m
12	1084	GOUGH,	KRISTOPHER	SO	Howard CC	11.97m
13	1240	Marcucci,	Nick	FR	RC - Glouces	11.73m

Event 16 Women Shot Put (21)

Top 9 Qualifies for the finals.

2 Flights

	Name	Year	School	Seed	Mark	Finals
=====						
Flight 1	Finals					
1	1068	Elizabeth,	Okeke	FR	Howard CC	8.37m
2	1187	Pineda,	Elizabeth	FR	Triton Colle	7.99m
3	1095	Kerby-Jones,	Kayiane	FR	Middlesex CC	9.09m
4	1070	HURD,	MARY	SO	Howard CC	8.98m
5	1108	Ellis,	Dorothy	FR	Montgomery C	7.94m
6	1058	Murray,	Katrina	SO	Herkimer CCC	8.70m
7	1113	Magallanes,	Alejandra	SO	Montgomery C	7.54m
8	1098	Butler,	Kayla	FR	Mohawk Valle	7.87m
9	1092	Cassiere,	Gabrielle	FR	Middlesex CC	8.11m
10	1008	Gilliam,	Saviare	FR	CC of Philad	7.83m

Flight 2 Finals

1	1005	Raffa,	Alexandria	SO	Bergen CC	9.45m
2	1054	Bridgewater,	Gabrielle	FR	Herkimer CCC	9.23m
3	1120	Brown,	Diarra	FR	Onondaga CC	10.11m
4	1043	Kloss,	Leah	SO	Harper Colle	10.05m
5	1093	Fennell,	Brielle	FR	Middlesex CC	9.91m
6	1050	Saitta,	Mary	FR	Harper Colle	10.42m

7	1012	Bjalme-Evans, Holly	FR Fashion Inst	9.52m
8	1163	Nealer, Devon	FR RC - Glouces	10.90m
9	1175	Lewis, Ebonie	SO Suffolk CC	10.54m
10	1051	Sims, Ashonte	FR Harper Colle	9.56m
11	1073	Jones, Shade	FR Howard CC	9.25m

Event 17 Men Discus Throw (15)

=====  
 Top 9 Qualify for the Finals.

One Flight

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	1236	Hamer, Justin	FR RC - Glouces	34.13m
2	1168	Lee, Tyler	FR Montgomery C	32.01m
3	1036	Newcomb, Mike	SO Finger Lakes	34.39m
4	1240	Marcucci, Nick	FR RC - Glouces	32.84m
5	1142	Oliver, Matt	FR Middlesex CC	28.61m
6	1167	Laveni, Oluwaseyi	FR Montgomery C	27.69m

Flight 2 Finals

1	1054	Pavlovic, Nick	FR Harper Colle	35.02m
2	1179	Tyler, Donovan	FR Montgomery C	38.14m
3	1238	Kustera, Andrew	FR RC - Glouces	37.39m
4	1009	Pynn, Garrett	SO Bergen CC	40.08m
5	1057	Theis, Eric	SO Harper Colle	34.67m
6	1048	Kanan, Laith	SO Harper Colle	38.70m
7	1126	Prescott, Aaron	FR Massasoit CC	35.67m
8	1150	Gorinshek, Dalton	FR Mohawk Valle	35.71m
9	1152	Lockwood, Ryan	SO Mohawk Valle	34.50m

Event 18 Women Discus Throw (20)

=====  
 Top 9 Qualifies for the finals.

2 Flights

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	1009	Moran, Alicia	FR CC Rhode Isl	20.74m
2	1035	Reid, Keirsten	FR Finger Lakes	17.59m
3	1044	Leinwander, Nancy	FR Harper Colle	19.29m
4	1139	Charles, Kemba	FR Queensboroug	17.05m
5	1032	Karam, Kristen	FR Finger Lakes	18.83m
6	1098	Butler, Kayla	FR Mohawk Valle	20.18m
7	1120	Brown, Diarra	FR Onondaga CC	22.12m
8	1068	Elizabeth, Okeke	FR Howard CC	21.53m
9	1187	Pineda, Elizabeth	FR Triton Colle	18.31m
10	1163	Nealer, Devon	FR RC - Glouces	27.66m

Flight 2 Finals

1	1050	Saitta, Mary	FR Harper Colle	29.23m
2	1038	Buerer, Bobbie	FR Harper Colle	23.15m
3	1095	Kerby-Jones, Kayiane	FR Middlesex CC	26.02m
4	1070	HURD, MARY	SO Howard CC	24.60m
5	1058	Murray, Katrina	SO Herkimer CCC	24.83m
6	1092	Cassiere, Gabrielle	FR Middlesex CC	24.39m
7	1093	Fennell, Brielle	FR Middlesex CC	23.60m
8	1113	Magallanes, Alejandra	SO Montgomery C	24.09m
9	1108	Ellis, Dorothy	FR Montgomery C	18.77m
10	1012	Bjalme-Evans, Holly	FR Fashion Inst	24.30m

Event 19 Men 3000 Meter Steeplechase (15)

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One Section Final

Name Year School Seed Finals

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Section 1 Timed Finals

1	1115	Baldwin, Kevin	FR Massasoit CC	11:47.10
2	1013	Dutka, Michael	FR CC Rhode Isl	11:41.22
3	1191	Milton, Austin	FR Onondaga CC	11:36.05
4	1225	Pierre-Paul, Fabrice	SO Queensboroug	NT
5	1064	Clayton, Norman	SO Herkimer CCC	11:13.60
6	1261	Fernandez, Anthony	FR Suffolk CC	10:39.56
7	1247	Torney, Andrew	FR RC - Glouces	11:26.62
8	1280	Law, Branden	SO Sullivan Cou	12:38.07
9	1239	Maldonado, Martin	SO RC - Glouces	10:13.55
10	1082	Dumonchelle, Brady	SO Howard CC	11:11.29
11	1073	Parker, Taj	FR Herkimer CCC	13:41.27
12	1040	Thorman, Adam	SO Finger Lakes	12:26.82
13	1291	Johnson, Michael	FR Triton Colle	11:58.94
14	1157	VanHall, Bryan	FR Mohawk Valle	11:03.25
15	1210	Rush, Juantré	SO Prince Georg	11:52.47

Event 20 Women 3000 Meter Steeplechase (11)

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One Section Final

Name Year School Seed Finals

=====

Section 1 Timed Finals

1	1162	Murphy, Kelly	SO RC - Glouces	15:31.40
2	1137	Agustin, Julyana	SO Queensboroug	14:26.71
3	1154	Jones, Alexis	SO RC - Glouces	12:53.57
4	1157	Markey, Kady	SO RC - Glouces	14:41.92
5	1146	Roslonowski, Sara	FR Queensboroug	15:30.25
6	1107	Wrate, Kimberly	SO Mohawk Valle	14:40.61
7	1178	Reiffert, Bridget	FR Suffolk CC	14:00.31
8	1104	Roberts, Anna	SO Mohawk Valle	12:52.99
9	1102	LaPorte, Rebecca	SO Mohawk Valle	13:22.79
10	1182	Wiebelt, Leana	SO Suffolk CC	12:38.87
11	1003	Galati, Kelli	FR Bergen CC	15:57.91

Event 21 Men 5000 Meter Run (14)

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One Section Final

Name Year School Seed Finals

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Section 1 Timed Finals

1	1006	Nunez, Aneudy	FR Bergen CC	17:36.18
2	1059	Troman, William	FR Harper Colle	16:17.81
3	1044	Brauer, Adam	SO Harper Colle	16:27.16
4	1053	Paton, TJ	SO Harper Colle	16:51.11
5	1170	Mutabazi, Delick	SO Montgomery C	17:00.95
6	1146	Ambruso, Alec	FR Mohawk Valle	16:38.77
7	1156	Unislowski, Tyler	FR Mohawk Valle	18:14.47
8	1017	Sankey, Kody	FR CC Rhode Isl	16:33.59
9	1064	Clayton, Norman	SO Herkimer CCC	17:22.12
10	1038	Smith, Koty	FR Finger Lakes	17:24.04
11	1098	Young, Corey	FR Howard CC	17:19.69
12	1079	Birsa, Garrett	FR Howard CC	17:25.58
13	1260	Evans, Ryan	FR Suffolk CC	17:00.46
14	1005	McGillick, Connor	FR Bergen CC	17:31.66

Event 22 Women 5000 Meter Run (11)

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One Section Final

Name Year School Seed Finals

Section 1 Timed Finals

1	1001	Duran, Amanda	FR Bergen CC	21:45.94
2	1002	Duran, Melissa	FR Bergen CC	23:15.09
3	1034	Pavone, Emily	FR Finger Lakes	22:58.08
4	1137	Agustin, Julyana	SO Queensboroug	21:48.93
5	1154	Jones, Alexis	SO RC - Glouces	20:48.14
6	1179	Rommeney, Ashlee	SO Suffolk CC	20:43.37
7	1003	Galati, Kelli	FR Bergen CC	24:55.91
8	1052	Thevara, Katie	FR Harper Colle	21:28.50
9	1171	Donegan, Ryleigh	FR Suffolk CC	19:07.35
10	1074	Niland, Margret	FR Howard CC	19:21.50
11	1049	Rosiles, Leslie	FR Harper Colle	21:07.15

Event 23 Men 10000 Meter Run (12)

One Section Final

To Be Combined Woth Womens 10K

Name Year School Seed Finals

Section 1 Timed Finals

1	1053	Paton, TJ	SO Harper Colle	34:52.92
2	1013	Dutka, Michael	FR CC Rhode Isl	37:32.27
3	1089	Mandille, Dominic	SO Howard CC	38:41.90
4	1090	Miguelino, Nick	FR Howard CC	41:08.43
5	1044	Brauer, Adam	SO Harper Colle	34:02.90
6	1038	Smith, Koty	FR Finger Lakes	36:12.33
7	1050	Lamas, Eddie	FR Harper Colle	37:37.29
8	1188	Handelmann, Freideric	SO Onondaga CC	38:13.10
9	1115	Baldwin, Kevin	FR Massasoit CC	40:48.14
10	1079	Birsa, Garrett	FR Howard CC	38:03.71
11	1156	Unislawski, Tyler	FR Mohawk Valle	38:07.96
12	1146	Ambruso, Alec	FR Mohawk Valle	35:51.79

Event 24 Women 10000 Meter Run (12)

One Section Final

To Be Combined With Mens 10K

Name Year School Seed Finals

Section 1 Timed Finals

1	1074	Niland, Margret	FR Howard CC	41:13.43
2	1123	Roux, Hannah	FR Onondaga CC	51:00.52
3	1141	Garcia, Adriana	SO Queensboroug	53:50.70
4	1182	Wiebelt, Leana	SO Suffolk CC	42:25.68
5	1107	Wrate, Kimberly	SO Mohawk Valle	44:57.82
6	1146	Roslonowski, Sara	FR Queensboroug	52:57.99
7	1052	Thevara, Katie	FR Harper Colle	44:06.12
8	1179	Rommeney, Ashlee	SO Suffolk CC	45:13.32
9	1160	McCray, Brianna	SO RC - Glouces	53:43.20
10	1102	LaPorte, Rebecca	SO Mohawk Valle	45:12.58
11	1137	Agustin, Julyana	SO Queensboroug	46:14.92
12	1049	Rosiles, Leslie	FR Harper Colle	44:06.25

Event 25 Men 4x100 Meter Relay (17)

Final Only

School Seed relim Time

Heat 1 Prelims

2	Queensborough CC		44.51
	1) 1217 Dakin, Bedan SO	2) 1215 Campbell, Matthew FR	
	3) 1218 Gooden, Brandon SO	4) 1220 Guthrie, Aaron FR	
3	Roxbury CC		45.78
	1) 1254 Sabio, Miguel FR	2) 1251 Chapman, Janah FR	
	3) 1252 Muhikira, Nehemiah FR	4) 1255 Wallace, Kayshawn FR	
4	Kingsborough CC		43.45
	1) 1100 Baptiste, Kyle SO	2) 1107 John, Malik FR	
	3) 1101 Bogle, Dikembe SO	4) 1103 Coull, Jamal FR	
5	Montgomery College		42.34
	1) 1161 Blair, Lud FR	2) 1163 Evans, Brett SO	
	3) 1177 Scott, Michael FR	4) 1173 Richardson-Jackson, Zacher	
6	Finger Lakes CC		45.31
	1) 1040 Thorman, Adam SO	2) 1027 Howard, Lane SO	
	3) 1035 Murad, Nate FR	4) 1031 Laskett, Jerrett FR	
7	Onondaga CC		44.23
	1) 1192 Mulvihill, Sean FR	2) 1197 Williams, Devlen SO	
	3) 1191 Milton, Austin FR	4) 1194 Thompson, Joshua FR	

Heat 2 Prelims

2	Prince George's CC		42.89
	1) 1205 Little, Floyd FR	2) 1208 Morris, Maurice FR	
	3) 1200 Hoff, Quincy FR	4) 1211 Thomas, Joel SO	
3	RC - Gloucester CC		43.85
	1) 1229 Abbott, Glenn FR	2) 1230 Crouch, Elijah FR	
	3) 1237 Keller, Mike FR	4) 1248 Watson, Wayne SO	
4	Howard CC		43.57
	1) 1080 Celestin, Stevens FR	2) 1085 HARDMAN, ALEX SO	
	3) 1091 Mitchell, Donte FR	4) 1095 Shinholt, Jonathan FR	
5	Middlesex CC		45.96
	1) 1141 Noziere, Jeremiah FR	2) 1134 Davis, Zaiyr FR	
	3) 1140 Miller, Jordan FR	4) 1135 Gooding, Denzel FR	
6	Bergen CC		45.34
	1) 1400 Arnett, Isaiah SO	2) 1010 Reyes, Ivan FR	
	3) 1008 Olivieri, Tyler FR	4) 1003 Jusino, Justin FR	
7	Herkimer CCC		43.96
	1) 1066 Cohen, Jhamel SO	2) 1077 Young, Adrian FR	
	3) 1074 Rideau, Tyrique SO	4) 1075 Simmons, Christopher SO	

Heat 3 Prelims

3	Suffolk CC		43.17
	1) 1271 Morgan, Kaashief SO	2) 1276 Smith, Andrew FR	
	3) 1264 Hobson, J'Son FR	4) 1274 Pusey, Nicholas FR	
4	Triton College		44.18
	1) 1293 Molden, Dajon FR	2) 1298 Williams, Anthony FR	
	3) 1295 Stiff, Kyle FR	4) 1297 Welch, Jacobi FR	
5	Mohawk Valley CC		44.36
	1) 1149 Echefu, Onyinyechi SO	2) 1151 Hickling, Najee FR	
	3) 1155 Trzepacz, Tanner SO	4) 1153 Suprenant, Andrew FR	
6	Massasoit CC		43.85
	1) 1129 Springer, Tevon FR	2) 1117 Brennan, Liam FR	
	3) 1116 Bean, Justin FR	4) 1131 Vaughn, Nick SO	
7	Harper College		45.35
	1) 1043 Block, Tyler SO	2) 1057 Theis, Eric SO	
	3) 1051 McGraw, Andre FR	4) 1046 Dorsen, Nick SO	

Event 26 Women 4x100 Meter Relay (10)

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Final Only	
School	Seed relim Time

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Heat 1 Prelims

2	Prince George's CC		49.69
	1) 1128 Forbes, Nisheil FR	2) 1135 Simpson, Krystal SO	
	3) 1127 Early, Monyea FR	4) 1125 Collins, Druex FR	
3	Harper College		50.89
	1) 1047 Proksa, Ashley FR	2) 1040 Dussard, Shayan SO	
	3) 1046 Petrunich, Beth FR	4) 1043 Kloss, Leah SO	
4	Montgomery College		49.80
	1) 1117 Wurie, Rashida SO	2) 1116 Thomas, Shaniel FR	
	3) 1110 Jones, Dakota FR	4) 1115 Rhodes, Bryeana SO	
5	Howard CC		50.74
	1) 1073 Jones, Shade FR	2) 1069 Glory, Ebinama FR	
	3) 1064 Clark, Taaj FR	4) 1066 Costabile, Celeste FR	
6	Herkimer CCC		55.77
	1) 1056 Charles, Lu-Aisha SO	2) 1058 Murray, Katrina SO	
	3) 1054 Bridgewater, Gabrielle FR	4) 1060 Shirley, Shannon FR	
Heat 2 Prelims			
2	Queensborough CC		53.93
	1) 1145 Music, Edina SO	2) 1147 Tappin, Sharina FR	
	3) 1138 Campbell, Okera SO	4) 1144 Monteith, Rennae SO	
3	Kingsborough CC		51.16
	1) 1080 Francis, Tatyana FR	2) 1081 General, Thea FR	
	3) 1082 Lord, Shaunpel FR	4) 1077 Bethel-Nurse, Ajani FR	
4	Finger Lakes CC		57.24
	1) 1030 Hawke, Trista FR	2) 1033 Newton, Jordan FR	
	3) 1031 Helzer, Stephanie FR	4) 1034 Pavone, Emily FR	
5	Suffolk CC		50.23
	1) 1174 Lee, Tasmere FR	2) 1175 Lewis, Ebonie SO	
	3) 1176 Mack, Ashley FR	4) 1177 Pollucci, Samantha FR	
6	RC - Gloucester CC		50.02
	1) 1148 Austin, Jordan FR	2) 1150 Bibler, Holly SO	
	3) 1153 Gilmore, Erica FR	4) 1155 Koomson, Josephina FR	

Event 27 Men 1500 Meter Run (11)

One Section Final

To be run on Sunday

Name	Year School	Seed	Finals
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Section 1 Timed Finals

1	1210 Rush, Juantre	SO Prince Georg	4:45.97
2	1207 McCree, Devonte	FR Prince Georg	4:17.12
3	1017 Sankey, Kody	FR CC Rhode Isl	4:16.84
4	1098 Young, Corey	FR Howard CC	4:22.16
5	1170 Mutabazi, Delick	SO Montgomery C	4:19.36
6	1154 Topa, Joseph	FR Mohawk Valle	4:14.41
7	1007 Olivias, Pilo	FR Bergen CC	4:23.68
8	1059 Troman, William	FR Harper Colle	4:16.85
9	1239 Maldonado, Martin	SO RC - Glouces	4:07.33
10	1270 McKeown, Arthur	SO Suffolk CC	4:10.47
11	1021 Hamilton, Max	SO Fashion Inst	4:10.79

Event 28 Women 1500 Meter Run (14)

One Section Final

To be run on Sunday

Name	Year School	Seed	Finals
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Section 1 Timed Finals

1	1168 Clements, Kayla	FR Suffolk CC	5:17.66
2	1131 Johnson, Zuvena	SO Prince Georg	5:05.24
3	1100 George, Andrea	FR Mohawk Valle	5:28.14

4	1172	Genao, Menely	SO Suffolk CC	5:07.82
5	1001	Duran, Amanda	FR Bergen CC	6:21.83
6	1185	Martin Del Campo, Victoria	FR Triton Colle	6:00.46
7	1037	Brooks, Veronica	FR Harper Colle	5:11.88
8	1145	Music, Edina	SO Queensboroug	5:28.15
9	1042	Gutt, Ali	FR Harper Colle	5:05.49
10	1017	Lucas, Sara	SO Fashion Inst	5:09.06
11	1154	Jones, Alexis	SO RC - Glouces	5:12.19
12	1158	Martinez, Brianni	FR RC - Glouces	5:26.00
13	1104	Roberts, Anna	SO Mohawk Valle	5:09.86
14	1004	Mendoza, Katiana	FR Bergen CC	6:12.30

Event 29 Men 110 Meter Hurdles (18)

Advance on Time Only

Name	Year School	Seed relim Time
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Heat 1 Prelims

3	1242	Miles, Bryan	FR RC - Glouces	18.40
4	1183	Parris, Chris	FR Nassau CC	15.83
5	1130	Vaughn, Mitchell	SO Massasoit CC	18.17
6	1206	Luo, Jianjin	SO Prince Georg	18.20
7	1229	Abbott, Glenn	FR RC - Glouces	15.05
8	1018	Williamson, Connor	SO CC Rhode Isl	17.88

Heat 2 Prelims

2	1010	Reyes, Ivan	FR Bergen CC	16.97
3	1276	Smith, Andrew	FR Suffolk CC	16.20
4	1037	Pulver, Mike	SO Finger Lakes	17.21
5	1091	Mitchell, Donte	FR Howard CC	15.84
6	1257	Chimezie, Chidiebere	FR Suffolk CC	15.19
7	1117	Brennan, Liam	FR Massasoit CC	17.00

Heat 3 Prelims

2	1202	Kengne, Issa	SO Prince Georg	16.65
3	1263	Hinds, Malik	FR Suffolk CC	15.29
4	1185	Young, JaSaun	SO Nassau CC	16.44
5	1140	Miller, Jordan	FR Middlesex CC	18.30
6	1171	Ofosu, Bright	FR Montgomery C	16.15
7	1162	Carroll, Trevon	FR Montgomery C	16.30

Event 30 Women 100 Meter Hurdles (14)

Advance on Time Only

Name	Year School	Seed relim Time
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Heat 1 Prelims

2	1150	Bibler, Holly	SO RC - Glouces	16.77
3	1126	Early, Erin	SO Prince Georg	16.36
4	1155	Koomson, Josephina	FR RC - Glouces	16.21
5	1041	Fuentes, Damaris	FR Harper Colle	17.57
6	1112	Komwa, Juliet	FR Montgomery C	19.77
7	1156	Little, I'Shay	FR RC - Glouces	16.71
8	1191	Hawley, Iyanah	FR Union CC	14.63

Heat 2 Prelims

2	1116	Thomas, Shaniel	FR Montgomery C	15.63
3	1173	Grupp, Rachel	FR Suffolk CC	18.04
4	1181	Van Nostrand, Taylor	SO Suffolk CC	19.59
5	1030	Hawke, Trista	FR Finger Lakes	16.73
6	1184	Hemmings, Angie	FR Sullivan Cou	17.97
7	1127	Early, Monyea	FR Prince Georg	15.72
8	1114	Nguiyim, Jessica	SO Montgomery C	20.41

Event 31 Men 400 Meter Dash (16)

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 Top 8 Fastest Times to Final  
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	Name	Year School	Seed relim Time
Heat 1 Prelims			
2	1237 Keller, Mike	FR RC - Glouces	52.65
3	1075 Simmons, Christopher	SO Herkimer CCC	50.69
4	1093 Reeves, Xavier	FR Howard CC	49.71
5	1035 Murad, Nate	FR Finger Lakes	53.64
6	1101 Bogle, Dikembe	SO Kingsborough	51.29
7	1200 Hoff, Quincy	FR Prince Georg	51.78
Heat 2 Prelims			
2	1027 Howard, Lane	SO Finger Lakes	53.97
3	1215 Campbell, Matthew	FR Queensboroug	50.75
4	1268 Luckoo, Alex	FR Suffolk CC	51.69
5	1071 Moore, Demetrius	SO Herkimer CCC	51.85
6	1085 HARDMAN, ALEX	SO Howard CC	49.90
Heat 3 Prelims			
2	1301 Capistrano, Josh	FR Union CC	51.95
3	1031 Laskett, Jerrett	FR Finger Lakes	50.79
4	1086 HARDMAN, TYLER	SO Howard CC	49.77
5	1194 Thompson, Joshua	FR Onondaga CC	51.40
6	1258 De Los Santos, Kelvin	FR Suffolk CC	51.05

Event 32 Women 400 Meter Dash (15)

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 Top 8 Fastest Times To Final  
 =====

	Name	Year School	Seed relim Time
Heat 1 Prelims			
2	1190 Council, Ayyanna	FR Union CC	1:05.97
3	1080 Francis, Tatyana	FR Kingsborough	59.50
4	1086 Houston, Deja	FR Massasoit CC	1:11.47
5	1125 Collins, Druex	FR Prince Georg	1:00.75
6	1081 General, Thea	FR Kingsborough	57.67
Heat 2 Prelims			
3	1103 Peck, Carolyn	FR Mohawk Valle	1:01.95
4	1060 Shirley, Shannon	FR Herkimer CCC	1:04.73
5	1138 Campbell, Okera	SO Queensboroug	1:06.36
6	1130 Hairston, Tiarra	FR Prince Georg	1:01.11
7	1033 Newton, Jordan	FR Finger Lakes	1:07.12
Heat 3 Prelims			
2	1007 Forsythe, Meghan	FR CC of Philad	59.16
3	1135 Simpson, Krystal	SO Prince Georg	1:00.35
4	1176 Mack, Ashley	FR Suffolk CC	1:01.66
5	1030 Hawke, Trista	FR Finger Lakes	1:03.53
6	1166 Bullock, Lauren	FR Suffolk CC	1:02.32

Event 33 Men 100 Meter Dash (24)

=====  
 Top 8 Fastest Times to Final  
 =====

	Name	Year School	Seed relim Time
Heat 1 Prelims			
2	1274 Pusey, Nicholas	FR Suffolk CC	11.37
3	1151 Hickling, Najee	FR Mohawk Valle	11.87
4	1205 Little, Floyd	FR Prince Georg	11.17
5	1245 Pessoa, Christian	FR RC - Glouces	11.33
6	1097 Wilson, Amari	FR Howard CC	11.25
7	1211 Thomas, Joel	SO Prince Georg	10.68



Heat 2 Prelims			
3	1300	Aris, Alanzo	FR Union CC 11.04
4	1100	Baptiste, Kyle	SO Kingsborough 11.35
5	1276	Smith, Andrew	FR Suffolk CC 11.42
6	1173	Richardson-Jackson, Zachery	SO Montgomery C 11.05
7	1208	Morris, Maurice	FR Prince Georg 10.91
8	1251	Chapman, Janah	FR Roxbury CC 11.28

Heat 3 Prelims			
3	1218	Gooden, Brandon	SO Queensboroug 11.35
4	1163	Evans, Brett	SO Montgomery C 10.80
5	1080	Celestin, Stevens	FR Howard CC 11.30
6	1131	Vaughn, Nick	SO Massasoit CC 11.32
7	1107	John, Malik	FR Kingsborough 10.89
8	1161	Blair, Lud	FR Montgomery C 10.86

Heat 4 Prelims			
2	1075	Simmons, Christopher	SO Herkimer CCC 11.11
3	1255	Wallace, Kayshawn	FR Roxbury CC 11.48
4	1182	Ormon, Aaron	FR Nassau CC 11.36
5	1023	Quick, Patrick	FR Fashion Inst 12.45
6	1271	Morgan, Kaashief	SO Suffolk CC 11.04
7	1217	Dakin, Bedan	SO Queensboroug 11.06

Event 34 Women 100 Meter Dash (24)

=====  
 Top 8 Fastest Times to Final  
 Name Year School Seed relim Time  
 =====

Heat 1 Prelims			
2	1147	Tappin, Sharina	FR Queensboroug 13.81
3	1087	Ladouceur, Karlyvelle	FR Massasoit CC 12.63
4	1144	Monteith, Rennae	SO Queensboroug 13.37
5	1128	Forbes, Nisheil	FR Prince Georg 12.76
6	1115	Rhodes, Bryeana	SO Montgomery C 12.80
7	1156	Little, I'Shay	FR RC - Glouces 12.87

Heat 2 Prelims			
3	1155	Koomson, Josephina	FR RC - Glouces 13.22
4	1175	Lewis, Ebonie	SO Suffolk CC 12.63
5	1043	Kloss, Leah	SO Harper Colle 12.72
6	1090	Bartlett, Tyler	SO Middlesex CC 14.18
7	1073	Jones, Shade	FR Howard CC 12.71
8	1047	Proksa, Ashley	FR Harper Colle 12.61

Heat 3 Prelims			
2	1069	Glory, Ebinama	FR Howard CC 12.43
3	1117	Wurie, Rashida	SO Montgomery C 13.05
4	1177	Pollucci, Samantha	FR Suffolk CC 12.58
5	1174	Lee, Tasmere	FR Suffolk CC 12.62
6	1030	Hawke, Trista	FR Finger Lakes 13.60
7	1060	Shirley, Shannon	FR Herkimer CCC 13.33

Heat 4 Prelims			
2	1064	Clark, Taaj	FR Howard CC 13.38
3	1040	Dussard, Shayan	SO Harper Colle 12.90
4	1192	Purguy, Madison	SO Union CC 14.65
5	1186	Otero, Agatha	FR Triton Colle 15.03
6	1110	Jones, Dakota	FR Montgomery C 13.94
7	1026	Storer, Rachael	FR Fashion Inst 13.87

Event 35 Men 800 Meter Run (17)

=====  
 2 heats.  
 Top 2 from each heat plus next 4 fastest times to final  
 Name Year School Seed relim Time

Heat 1 Prelims			
2	1070	Manda, Matt	FR Herkimer CCC 2:05.50
3	1207	McCree, Devonte	FR Prince Georg 2:01.34
4	1021	Hamilton, Max	SO Fashion Inst 1:56.38
5	1083	GARNER, ISAIAH	SO Howard CC 2:00.98
6	1199	Fongno, Charles	SO Prince Georg 2:05.33

Heat 2 Prelims			
2	1137	Jawneh, Muhammed	FR Middlesex CC 2:06.78
3	1302	Estriplet, Sebastian	FR Union CC 2:03.17
4	1158	Warchol, Michael	FR Mohawk Valle 1:56.93
5	1112	Rene, Shawn	FR Kingsborough 2:00.83
6	1244	Pastore, Matt	FR RC - Glouces 2:05.00
7	1105	Dasilva, Erasto	FR Kingsborough 2:12.74

Heat 3 Prelims			
2	1308	White, Taylor	FR Union CC 2:09.33
3	1087	Kastner, Andrew	FR Howard CC 2:04.68
4	1099	Addison, Anija	FR Kingsborough 1:58.16
5	1239	Maldonado, Martin	SO RC - Glouces 1:58.44
6	1052	Monahan, Kurtis	FR Harper Colle 2:04.45
7	1115	Baldwin, Kevin	FR Massasoit CC 2:10.64

Event 36 Women 800 Meter Run (17)

2 Heats

Top 2 from each heat plus next 4 fastest to final

Name	Year School	Seed relim Time
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Heat 1 Prelims			
2	1004	Mendoza, Katiana	FR Bergen CC 2:47.75
3	1158	Martinez, Brianni	FR RC - Glouces 2:33.77
4	1131	Johnson, Zuwena	SO Prince Georg 2:21.38
5	1072	Jones, Amani	FR Howard CC 2:25.43
6	1077	Bethel-Nurse, Ajani	FR Kingsborough 2:37.27
7	1084	Polius, Ruby	SO Kingsborough 3:09.51

Heat 2 Prelims			
2	1178	Reiffert, Bridget	FR Suffolk CC 2:33.27
3	1185	Martin Del Campo, Victoria	FR Triton Colle 2:38.40
4	1172	Genao, Menely	SO Suffolk CC 2:20.94
5	1168	Clements, Kayla	FR Suffolk CC 2:26.61
6	1014	Gorajia, Kesha	FR Fashion Inst 2:44.34
7	1010	Perez, Nina	FR CC Rhode Isl NT

Heat 3 Prelims			
2	1106	Slate, Kristen	FR Mohawk Valle 2:39.43
3	1145	Music, Edina	SO Queensboroug 2:30.11
4	1042	Gutt, Ali	FR Harper Colle 2:18.09
5	1017	Lucas, Sara	SO Fashion Inst 2:27.99
6	1039	Colon, Jacqui	FR Harper Colle 2:39.55

Event 37 Men 400 Meter Hurdles (25)

No Lane one in Prelims

Top 8 fastest times advance

Name	Year School	Seed relim Time
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Heat 1 Prelims			
2	1055	Ruano, Ricardo	SO Harper Colle 1:00.26
3	1185	Young, JaSaun	SO Nassau CC 1:00.32
4	1086	HARDMAN, TYLER	SO Howard CC 57.53
5	1037	Pulver, Mike	SO Finger Lakes 1:04.74
6	1010	Reyes, Ivan	FR Bergen CC 1:03.54

7	1229	Abbott, Glenn	FR RC - Glouces	57.47
Heat 2 Prelims				
2	1257	Chimezie, Chidiebere	FR Suffolk CC	55.17
3	1206	Luo, Jianjin	SO Prince Georg	1:01.76
4	1074	Rideau, Tyrique	SO Herkimer CCC	1:02.16
5	1057	Theis, Eric	SO Harper Colle	58.19
6	1077	Young, Adrian	FR Herkimer CCC	NT
7	1230	Crouch, Elijah	FR RC - Glouces	58.08
8	1019	Chao, Bryan	FR Fashion Inst	1:07.32

Heat 3 Prelims				
2	1176	Roman, Sheldon	FR Montgomery C	1:02.76
3	1109	Kirby, Kailon	FR Kingsborough	58.61
4	1302	Estriplet, Sebastian	FR Union CC	57.89
5	1160	Andaya, Lorenzo	SO Montgomery C	1:00.64
6	1202	Kengne, Issa	SO Prince Georg	56.12
7	1193	Osterhoudt, John	SO Onondaga CC	1:05.09

Heat 4 Prelims				
2	1068	Gibbs, Kenwyn	SO Herkimer CCC	1:06.92
3	1031	Laskett, Jerrett	FR Finger Lakes	55.81
4	1247	Torney, Andrew	FR RC - Glouces	1:01.48
5	1298	Williams, Anthony	FR Triton Colle	1:02.22
6	1201	Johnson, Julian	FR Prince Georg	58.38
7	1172	Posniewski, Sam	SO Montgomery C	57.96

Event 38 Women 400 Meter Hurdles (13)

=====  
 No Lane one in Prelims  
 Top 8 fastest times advance to final

	Name	Year	School	Seed relim Time
===== Heat 1 Prelims				
2	1127		FR Prince Georg	1:09.85
3	1116		FR Montgomery C	1:09.76
4	1184		FR Sullivan Cou	1:15.30
5	1114		SO Montgomery C	1:14.67
6	1191		FR Union CC	1:05.47
7	1186		FR Triton Colle	1:25.29
8	1044		FR Harper Colle	1:20.78

Heat 2 Prelims				
2	1153	Gilmore, Erica	FR RC - Glouces	1:08.19
3	1190	Council, Ayyanna	FR Union CC	1:15.32
4	1151	Chrzanowski, Abigail	FR RC - Glouces	1:12.64
5	1109	Hernandez, Nohehly	SO Montgomery C	1:19.10
6	1132	Link, Khyla	SO Prince Georg	1:13.15
7	1148	Austin, Jordan	FR RC - Glouces	1:05.56

Event 39 Men 200 Meter Dash (19)

=====  
 No lane one in Prelims  
 Top 8 advance to final on time

	Name	Year	School	Seed relim Time
===== Heat 1 Prelims				
2	1096	TEJAN, FADIL	SO Howard CC	23.00
3	1110	Mowatt, Hakeem	SO Kingsborough	23.25
4	1211	Thomas, Joel	SO Prince Georg	21.46
5	1217	Dakin, Bedan	SO Queensboroug	22.98
6	1301	Capistrano, Josh	FR Union CC	24.11
7	1208	Morris, Maurice	FR Prince Georg	21.64

Heat 2 Prelims				
2	1085	HARDMAN, ALEX	SO Howard CC	22.17

3	1251 Chapman, Janah	FR Roxbury CC	22.92
4	1095 Shinholt, Jonathan	FR Howard CC	22.84
5	1293 Molden, Dajon	FR Triton Colle	23.08
6	1116 Bean, Justin	FR Massasoit CC	23.57
7	1271 Morgan, Kaashief	SO Suffolk CC	21.94
8	1107 John, Malik	FR Kingsborough	21.84
Heat 3 Prelims			
2	1016 Mandanici, Lee	SO CC Rhode Isl	23.00
3	1300 Aris, Alanzo	FR Union CC	22.12
4	1164 Hamilton, Cory	SO Montgomery C	23.89
5	1161 Blair, Lud	FR Montgomery C	22.34
6	1100 Baptiste, Kyle	SO Kingsborough	22.67
7	1163 Evans, Brett	SO Montgomery C	21.84

Event 40 Women 200 Meter Dash (25)

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No lane one in Prelim

Top 8 times advance to final

Name	Year	School	Seed	relin	Time
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Heat 1 Prelims

2	1135 Simpson, Krystal	SO Prince Georg	25.65
3	1147 Tappin, Sharina	FR Queensboroug	28.09
4	1047 Proksa, Ashley	FR Harper Colle	26.00
5	1125 Collins, Druex	FR Prince Georg	26.19
6	1081 General, Thea	FR Kingsborough	25.74
7	1115 Rhodes, Bryeana	SO Montgomery C	25.83

Heat 2 Prelims

1	1119 Phillipe, Sabrina	FR Nassau CC	26.29
2	1111 Joseph, Jerminah	FR Montgomery C	29.28
3	1174 Lee, Tasmere	FR Suffolk CC	25.77
4	1007 Forsythe, Meghan	FR CC of Philad	26.58
5	1087 Ladouceur, Karlyvelle	FR Massasoit CC	26.17
6	1144 Monteith, Rennae	SO Queensboroug	27.56
7	1030 Hawke, Trista	FR Finger Lakes	27.87

Heat 3 Prelims

2	1177 Pollucci, Samantha	FR Suffolk CC	25.93
3	1090 Bartlett, Tyler	SO Middlesex CC	30.22
4	1043 Kloss, Leah	SO Harper Colle	26.11
5	1155 Koomson, Josephina	FR RC - Glouces	27.11
6	1128 Forbes, Nisheil	FR Prince Georg	26.93
7	1040 Dussard, Shayan	SO Harper Colle	26.48

Heat 4 Prelims

2	1086 Houston, Deja	FR Massasoit CC	30.32
3	1069 Glory, Ebinama	FR Howard CC	26.14
4	1117 Wurie, Rashida	SO Montgomery C	27.08
5	1156 Little, I'Shay	FR RC - Glouces	26.76
6	1060 Shirley, Shannon	FR Herkimer CCC	27.46
7	1080 Francis, Tatyana	FR Kingsborough	26.84

Event 41 Men 4x800 Meter Relay (10)

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One Section Final

School	Seed	Finals
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Section 1 Timed Finals

1	Montgomery College	8:36.41
2	Mohawk Valley CC	8:43.29
3	Howard CC	8:40.61
4	Prince George's CC	9:00.19
5	Queensborough CC	8:41.19

6	Herkimer CCC	9:21.85
7	Triton College	9:22.34
8	RC - Gloucester CC	8:26.27
9	Suffolk CC	8:41.68
10	Finger Lakes CC	8:52.95

Event 42 Women 4x800 Meter Relay (9)

One Section Final

School	Seed	Finals
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Section 1 Timed Finals

1	Finger Lakes CC	NT
2	Queensborough CC	11:26.99
3	Herkimer CCC	14:16.18
4	RC - Gloucester CC	10:44.44
5	Suffolk CC	10:34.54
6	Mohawk Valley CC	10:48.31
7	Harper College	10:31.87
8	Howard CC	NT
9	Prince George's CC	10:38.32

Event 43 Men 4x400 Meter Relay (15)

School	Seed	Finals
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Section 1 Timed Finals

2	Massasoit CC	3:43.34
3	Triton College	3:35.26
4	Harper College	3:32.69
5	Finger Lakes CC	3:33.61
6	Bergen CC	3:50.53
7	Union CC	3:37.74
8	Middlesex CC	3:44.71

Section 2 Timed Finals

1	Montgomery College	3:30.41
2	Prince George's CC	3:26.32
3	RC - Gloucester CC	3:24.98
4	Kingsborough CC	3:18.27
5	Howard CC	3:19.71
6	Suffolk CC	3:25.45
7	Herkimer CCC	3:31.48
8	Queensborough CC	3:32.43

Event 44 Women 4x400 Meter Relay (11)

School	Seed	Finals
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Section 1 Timed Finals

3	Finger Lakes CC	4:50.55
4	Fashion Institute of Technolog	4:35.53
5	Herkimer CCC	4:56.59

Section 2 Timed Finals

1	Howard CC	4:21.14
2	RC - Gloucester CC	4:18.33
3	Prince George's CC	4:13.28
4	Kingsborough CC	4:02.37
5	Suffolk CC	4:09.08
6	Harper College	4:16.43
7	Montgomery College	4:17.15
8	Queensborough CC	4:25.98