

SCHEDULE OF EVENTS

Friday, May 6, 2016

**Implement Weigh-In from 2pm-5pm
Facility Open for Practice 12pm-5pm*

6:15pm Tournament and Coaches Association Meetings

A mandatory meeting for all Head Coaches will take place on Friday, May 6th at 6:15pm in the Bartley Center at Holyoke Community College. Coaches packets will be available for pick up at this meeting.

7pm Banquet at Holyoke Community College

A banquet sheet is enclosed; reservations need to be in by April 25, 2016.

Saturday, May 7, 2016 Field Events

8:00am *Implement Weigh In*
11:00am Men's Hammer
11:00am Men's Pole Vault
11:00am Men's Long Jump
11:00am Women's Javelin Throw
1:30pm Women's Hammer
1:30pm Women's Long Jump
1:30pm Women's Pole Vault
1:30pm Men's Javelin Throw

Decathlon

11:00am – 100m
TBD - LJ
TBD - SP
TBD - HJ
TBD – 400m

Heptathlon

11:30am – 100h
TBD – HJ
TBD – SP
TBD – 200m

Saturday Running Events

12:00pm Men's 4x100m Trials
12:20pm Men's 1500m Trials
12:30pm Men's 110m HH Trials
12:45pm Men's 100m Trials
1:00pm Men's 400m Trials
1:15pm Men's 800m Trials
1:30pm Men's 400m H Trials
1:45pm Men's 200m Trials
2:15pm Women's 4x100m
2:30pm Women's 1500m Trials
2:45pm Women's 100m HH Trials
3:00pm Women's 100m Trials
3:15pm Women's 400m Trials
3:30pm Women's 800m Trials
3:45pm Women's 400m H Trials
4:00pm Women's 200m Trials
4:15pm Women's 10,000 Finals
5:00pm Men's 10,000m Finals

Sunday Field Events

8:00am	<i>Implement Weigh In</i>
10:00am	Women's High Jump
10:00am	Men's Triple Jump
10:00am	Men's Shot Put
10:30am	Women's Discus Throw
1:30pm	Men's High Jump
1:30pm	Women's Triple Jump
1:30pm	Men's Discus Throw
1:30pm	Women's Shot Put

Decathlon

10:00am	110H
TBD	Discus
TBD	Pole Vault
TBD	Javelin
TBD	1500m

Heptathlon

10:30am	LJ
TBD	Javelin
TBD	800m

Sunday Running Events

10:30am	Men's Steeplechase
10:55am	Women's Steeplechase
11:20am	Men's 400m Relay Final
11:30am	Women's 400m Relay Final
11:40am	Men's 1500m Final
11:50am	Women's 1500m Final
12:00pm	Men's 110m HH Final
12:10pm	Women's 100m HH Final
12:20pm	Men's 400m Final
12:30pm	Women's 400m Final
12:40pm	Men's 100m Final
12:50pm	Women's 100m Final
1:00pm	Men's 800m Final
1:10pm	Women's 800m Final
1:20pm	Men's 400m H Final
1:30pm	Women's 400m H Final
1:40pm	Men's 200m Final
1:50pm	Women's 200m Final
2:00pm	Men's 5000m Final
2:20pm	Women's 5000m Final
2:40pm	Men's 3200m Relay Final
2:55pm	Women's 3200m Relay Final
3:05pm	Men's 1600m Relay Final
3:10pm	Women's 1600m Relay Final
3:30pm	Awards Ceremony