

HOLYOKE

HCC launches culinary classes for home cooks

Professional chef Tracy Carter, formerly of the Food Network, will be leading a new series of classes at the HCC MGM Culinary Arts Institute this fall geared toward home cooks.

“Cooking Confidently,” the monthly series of stand-alone, noncredit classes, begins tomorrow with “Peak of Perfection: Celebrating the Season,” during which Chef Carter will teach participants to prepare a healthy, three-course vegetarian meal.

The series continues with “Visit to Asia” on Oct. 18, “Small Plates” on Nov. 8 and “Flavors of Argentina” on Dec. 6.

All the classes meet at the new HCC MGM Culinary Arts Institute at 164 Race St. in downtown Holyoke on Thursday evenings from 6 to 9 p.m. Each class is \$79 and space is limited.

“Our first cooking series last spring in the new facility was so popular and successful we wanted to do it again,” said Ken White, HCC Dean of Community Service. “These classes are meant for anyone who wants to enjoy a night out, improve their culinary skills, enjoy a gourmet meal, and take home tasty leftovers.



Chef Tracy Carter, a Springfield native who has worked for the Food Network, will teach a series of culinary classes for home cooks at the HCC MGM Culinary Arts Institute on Race St. in Holyoke. The first class, “Peak of Perfection: Celebrating the Season,” is scheduled for tomorrow at 6 p.m.

We’re very fortunate to have secured an instructor with the experience and talent of Chef Carter.”

Carter is a graduate of

the International Culinary Schools at the Art Institute in Los Angeles. She grew up in Springfield and moved back to the area in March after

living in New York City for six years, where she worked as a freelance food stylist and culinary producer for the Food Network on shows such

“My goal through teaching these classes is to give the beginner home cook the confidence to take on any recipe in the kitchen.”

Chef Tracy Carter

as “Chopped,” preparing the baskets of ingredients for the cooks involved in the on-air competitions, and working alongside famous chefs like Bobby Flay and Anne Burrell.

“My goal through teaching these classes is to give the beginner home cook the confidence to take on any recipe in the kitchen,” Carter said from her own home in Chicopee. “I believe that mastering a few basic skills can provide anyone with confidence to expand their culinary repertoire. I try to focus on fresh and seasonal food and concepts that cooks can put their own spin on in the future.”

For more information or to register for classes, go online to hcc.edu/bce or call 413-552-2500.