



### TRIO SSS STAFF

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### IMPORTANT DATES TO



**Graduation is just around the corner!**

Connect with your TRIO counselor and advisor with any questions and make sure you are ready to graduate.

[click on the button below for resources, information about commencement and graduation application.](#)

[More Info](#)

## REMEMBER

Monday, April 3rd, 2023

- Open Registration Begins

Monday, April 17th, 2023

- Patriot's Day  
(Campus Closed)

Thursday, April 20th, 2023

- Culinary Arts Open House

Friday, April 28th, 2023

- Red Carpet Prom

Wednesday, March, 22nd, 2023

- Beginning of Ramadan

## Tour HCCs STEM Department

April 5th 12:00 to  
3:00 at HCC in The  
Kittredge Center  
Room 303

**DO YOU EXPERIENCE  
HOUSING /FINANCIAL  
INSECURITY?  
COME LEARN ABOUT:**

**1) HOW A CAREER IN SCIENCE  
TECHNOLOGY ENGINEERING & MATH  
CAN LEAD YOU TO FINANCIAL  
STABILITY**

**2) HOW TO NAVIGATE COLLEGE  
WITH FREE RESOURCES AND FAFSA.**

**3) ALL WITH HANDS-  
ON LEARNING ACTIVITIES IN-  
Biology, Computer  
Science &  
Environmental  
Science.**

For more information  
Contact Bronwyn Pinsky:  
bpinsky051@hcc.edu

**Food and  
beverages will be  
provided!**

## TRIO STUDENT SPOTLIGHT

Celebrate with us the amazing things HCC and TRIO students do!

### Bianca Lopez



A first generation student, Bianca has is an engaging and driven student She has been accepted to the Accelerated program at Bay Path University Women's College Foundations in Alcohol and Drug Abuse Counseling.

Bianca is obtaining a Bachelor with certification Minor in Psychology

*"My words of encouragement would be to never give up on your goals. I don't call them Dreams because Dreams Don't always come true. Goals come true when you work towards them. Don't let others get in the way of what truly matters to you. And remember where your passion lies, there will your purpose be."*

-Bianca Lopez

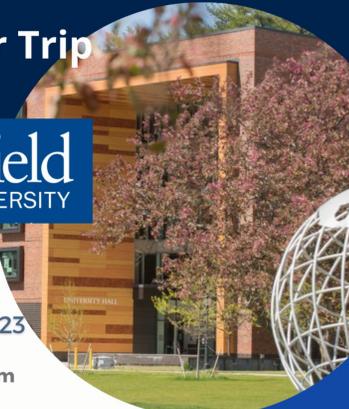
### Elif Kuruca



When word spread about the need for

## Transfer Trips in April

PLANNING TO TRANSFER?  
**JOIN US**  
for a  
**Transfer Trip**  
to  
**Westfield**  
STATE UNIVERSITY



**Thursday,**  
**April, 6th 2023**

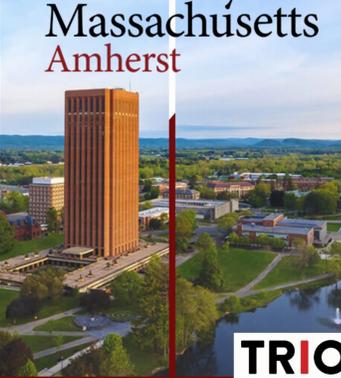
**9:00am-1:00pm**

Check out the campus, learn more about Westfield and learn about resources

Lunch will be provided



**THINKING ABOUT TRANSFERRING?**  
**JOIN US**  
FOR A  
**TRANSFER TRIP**  
TO  
**University of**  
**Massachusetts**  
**Amherst**



**MONDAY, APRIL**  
**24TH, 2023**

**9:00AM-1:00PM**

Check out the campus, ask questions and learn about resources.

Lunch will be provided



## H.C.C RED CARPET PROM

donations to help survivors of the devastating Feb. 6 earthquake in Turkey and Syria, HCC nursing student Elif Kuruca did not hesitate to act. *"Turkey is my home,"* said Kuruca, who now lives in Ludlow. *"I grew up in a society where people are taught the value of collectivism rather than individualism. It is embedded in our culture and religion to look out for one another and to help people when they are in need."* The Turkish Consulate in Boston had sent out emails and messages with lists of needed items. In Springfield, the Imam Buhari Mosque enlisted members to contact schools, medical offices, and supermarkets to set up collection areas. Kuruca set up a donation zone at HCC in the office of Institutional Advancement, where students, faculty, and staff dropped off diapers, tents, sleeping bags, over-the-counter medications, toothbrushes, toothpaste, hygiene products, socks, children's clothes, baby wipes, and more. In total, the mosque collected three U-Haul trucks worth of donations. *"I'm proud to attend a school that listens to its students and takes action on things that matter,"* she said. (Above, Kuruca stands in the parking lot outside the Donahue building after loading her van with donations for earthquake survivors.)

Please help us Welcome  
our new **STEM** tutors  
**Zoe Caswell**(STEM) and **Kendra**  
**O'Connor**(SSS)



*My name is Zoe, and I graduated two years ago with degrees in Biology and Spanish. I'm headed to Medical school in the fall, but for now I live in Chicopee and work at Baystate Children's as a patient care technician. I love working with kids, sharing cool science facts, drawing cartoons, and generally being outdoors. I am excited to be part of the community at*

# LET'S DANCE



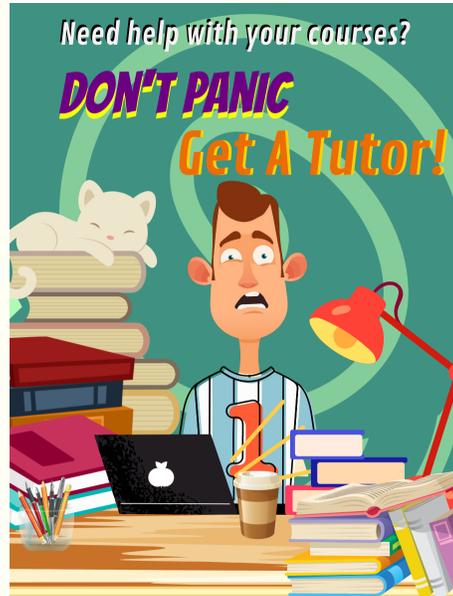
**DATE:** Friday, April 28, 2023  
**TIME:** 7:00 p.m. - 10:00 p.m.  
**LOCATION:** CC Cafeteria  
**ADMISSION:** \$10 students & \$15 guests (1 guest allowed per student). Purchase your tickets in Student Engagement, CC 227. \*Prices go up to \$20 each at the door

[More Info](#)

**NEED HELP APPLYING FOR FAFSA?**  
**JOIN US FOR**  
**virtual FAFSA drop-in hours**

**EVERY FRIDAY IN APRIL VIA ZOOM**  
4/7  
4/14  
4/21  
4/28

HCC this spring!

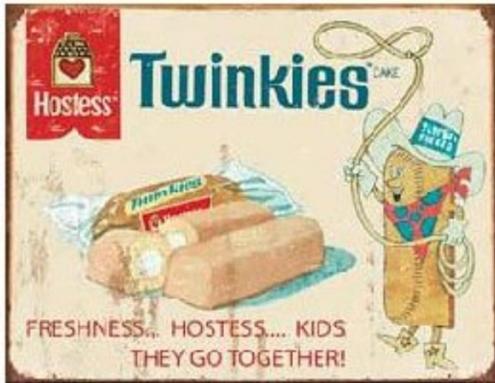
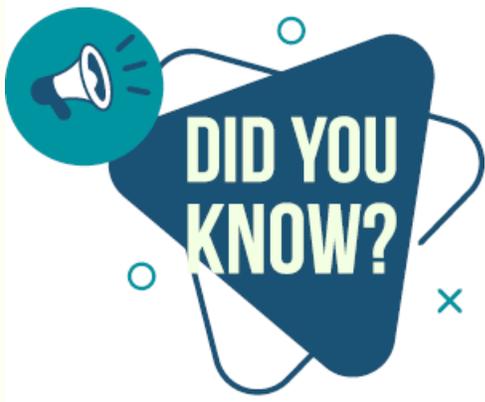


**Its never too early  
to ask for help,  
Set yourself up for Success!**

TRIO SSS is still offering our students the opportunity to meet weekly with math tutors, writing tutors and learning coaches to help you meet your goals and finish the semester successfully.

Click below to submit a tutor/learning coach request form!

[Tutor/Learning Coach Request](#)



In April 6, 1930 the first Twinkies hit the market. Originally the base for the twinkies was used for strawberry shortcakes, but a shortage of strawberries caused the company to take a new direction. The first Twinkies were banana-filled



NEED HELP WITH REGISTERING FOR COURSES?

**TRIO**  
STUDENT SUPPORT SERVICES

**REGISTRATION  
DROP-IN HOURS**

**DATE: TUESDAY, APRIL 4, 2023**  
**TIME: 12:30 PM TO 2:30 PM**  
**LOCATION: DONAHUE 252**

**DROP BY AND RECEIVE HELP  
REGISTERING FOR  
CLASSES, GET INFORMATION  
AND ASK QUESTIONS**

**SNACKS WILL BE PROVIDED!**



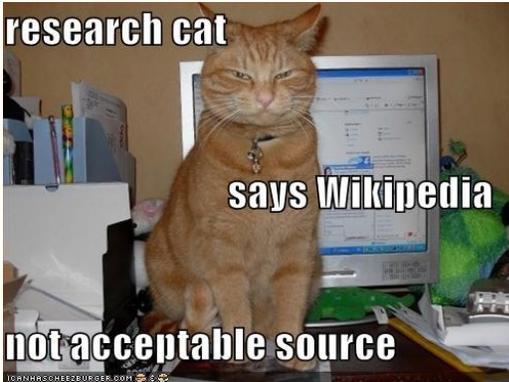
Word of mouth is our greatest advertisement!

Tell your friends and classmates about all the great services they could be receiving if they were a TRIO student.

Follow the Link below to get an application and learn about all the support services for students who are first generation to college, low-income or have a documented disability.

[Refer a friend](#)

**GET IN TOUCH**



# TRIO

STUDENT SUPPORT SERVICES

TRIO Student Support Services counselors are available via phone or email Monday – Friday, 8:30 a.m. – 4:30 p.m. Call 413.552.2505 or [email](#)

Already have a counselor?  
Schedule a meeting with them below

Schedule time with Monica

Schedule time with Derek

Schedule time with Luis

Schedule time with Chaitali

Schedule time with Xandria

## RESOURCES FOR STUDENTS

### Mental Health Counseling and Stress Management

HCC is proud to partner with the Center for Human Development (CHD) to provide FREE in-person and telehealth counseling for students. HCC's Mental Health Center offers a broad range of programs and services to assist students in dealing with life's challenges and stresses before they become insurmountable. Our professional staff offers the following counseling services free of charge to students who are currently enrolled at Holyoke Community College:

- Individual counseling
- Group counseling
- Specialized workshops



CHD CLINICAL SERVICES ON CAMPUS

Where: Frost 232

When: Monday - Friday, 9 a.m. - 4 p.m.

Contact: 413.552.2626 ext. 2626 (during

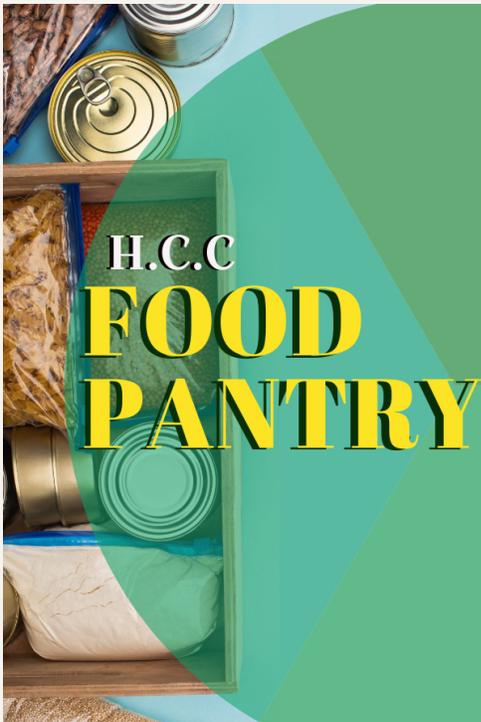


## Student Emergency Fund

If you are struggling financially, the President's Student Emergency Fund can help! This fund assists HCC students who encounter unforeseen financial emergencies that would prevent them from continuing their education.

The COVID-19 pandemic has made these emergencies even more prevalent, but funding is available to help you overcome barriers related to housing, food, utilities, transportation and childcare. The application takes just a few minutes to complete and is reviewed within 48 hours. Students receive the support they need -- or are directed to other resources -- within a few days. The application form and details can be found on the President's Student Emergency Fund webpage.

[Learn More](#)



## THRIVE Center

Are you dealing with homelessness or legal issues? Are you struggling with food insecurity? Do you think you qualify for SNAP or MassHealth benefits? Need help balancing your budget? Have questions about managing your credit? The Thrive Center can help! The Food Pantry is offering food pickup by appointment only from 10 a.m. - 2 p.m. Monday - Friday at the bus circle. (If coming to campus is not an option for you, please contact Thrive to discuss possible alternatives.) For more information on how to pick up food from HCC's food pantry, click below.

[Click Here for more](#)



Students and educators at eligible institutions can sign up for Office 365 Education for free, including Word, Excel, PowerPoint, OneNote, and now Microsoft Teams, plus additional classroom tools. All you need is an HCC student email address. Check out [HCC Help Desk](#) for more information.

Holyoke Community College |  
[www.hcc.edu](http://www.hcc.edu)

Holyoke Community College | 303 Homestead Ave, Holyoke, MA 01040

[Unsubscribe wmurphy@hcc.edu](mailto:wmurphy@hcc.edu)

[Constant Contact Data Notice](#)

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