



TRIO SSS STAFF

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IMPORTANT DATES TO REMEMBER

Monday, February 6th, 2023

- Spring 2023 Flex Start II begins

Monday, February 20th, 2023

- Presidents Day
(Campus Closed)

Tuesday, February, 21st 2023

- Classes follow Monday Schedule



Black History Month was created to focus attention on the contributions of African Americans to the United States.

It honors all Black people from all periods of U.S. history, from the enslaved people first brought over from Africa in the early 17th century to African Americans living in the United States today.

Throughout the month of February HCC and community partners hold various events for Black History month. To register for these events, visit the link below for all dates.

[Black History Month Events](#)



TRIO Social hour is back!!

Join us for a paint and chat event February 12th

Location: Donahue 250

See you there!

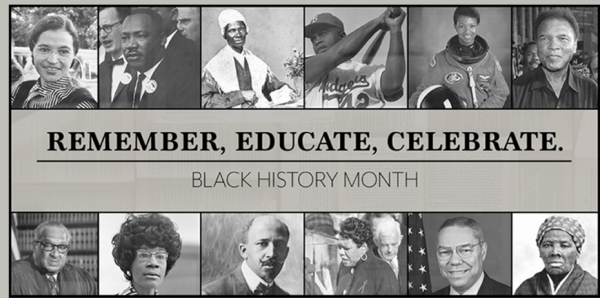


**Its never too early
to ask for help,
Set yourself up for Success!**

TRIO SSS is still offering our students the opportunity to meet weekly with math tutors, writing tutors and learning coaches to help you meet your goals and finish the semester successfully.

Click below to submit a tutor/learning coach request form!

[Tutor/Learning Coach Request](#)

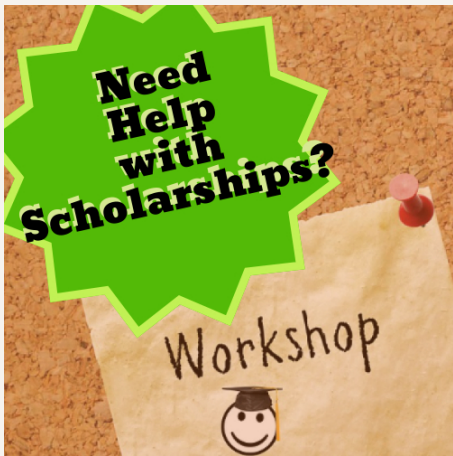


The Holyoke Community College Foundation offers more than \$250,000 in life-changing scholarships each year to new, current, and transferring students. This is money that our students never have to pay back. Scholarship awards can be spent on tuition, and it can also be used for books *and* other resources depending on the award and award amount.

The 2023 Scholarship Season opens Jan. 30, 2023. Applications may be submitted between Jan. 30 through March 10, 2023.

Questions? Email:scholarships@hcc.edu

[More Info](#)



There are multiple Scholarship workshops available in February for students who need assistance with applying for scholarships, have general questions or want to learn tips on how to best apply.

Upcoming dates are:

Wednesday, February, 1st
Tuesday, February, 7th
Wednesday, February, 8th
Wednesday, February, 15th
Thursday, February, 16th
Wednesday, February, 22nd

[More info](#)



Thank you to all of the students who attended **TRIO SSS and TRIO STEM-H SSS Program Day!**

The event on Thursday, January 12, 2023, was held and although TRIO had a small group, it was very



The Helen M. and James E. Izatt
BUILD

(Better Use of Information and Library
Databases)

is your chance to turn your research
paper/project into a cash prize.

Students can submit research papers from Winter 2022, Spring 2022, Summer 2022, and Fall 2022 terms. The goal of the award is to promote the value and use of library services and information resources. The competition is open to all currently enrolled students. Research papers/projects must be endorsed by the faculty member responsible for the course.

The application deadline is Fri., March 17, 2023, at 4 p.m.

Students can pick up a BUILD competition application packet at the circulation desk in the library or download the application packet at the link below.

Please contact Camille Close with questions at 413.552.2277 or at cclose@hcc.edu

[Download Application](#)

Welcome

Heather Ruel
new STEM-HS Learning Coach
for TRIO

successful as students learned about all things TRIO and additional resources available to them on campus.

Did You Know?

In the Northern Hemisphere, February is the third month of winter. Meanwhile, in the Southern Hemisphere, February is the last month of summer



Heather is a geography masters at UMASS who worked with Seniors at Holyoke High School needing extra help to pass the MCAS requirement for admittance to HCC, spent 18 years at U. S. Fish & Wildlife Realty Specialist and is excited about working with students again and sharing her expertise in STEM fields particularly as a woman in STEM field



Word of mouth is our greatest advertisement!

Tell your friends and classmates about all the great services they could be receiving if they were a TRIO student. Follow the Link below to get an application and learn about all the support services for students who are first generation to college, low-income or have a documented disability.

[Refer a friend](#)

GET IN TOUCH

TRIO

STUDENT SUPPORT SERVICES

TRIO Student Support Services counselors are available via phone or email Monday – Friday, 8:30 a.m. – 4:30 p.m.

Call 413.552.2505 or [email](#)

Already have a counselor?
Schedule a meeting with them below

Schedule a time with Monica

Schedule time with Derek

RESOURCES FOR STUDENTS

Mental Health Counseling and Stress Management

HCC is proud to partner with the Center for Human Development (CHD) to provide FREE in-person and telehealth counseling for students. HCC's Mental Health Center offers a broad range of programs and services to assist students in dealing with life's challenges and stresses before they become insurmountable. Our professional staff offers the following counseling services free of charge to students who are currently enrolled at Holyoke Community College:

- Individual counseling
- Group counseling
- Specialized workshops

Reach out to CHD



CHD CLINICAL SERVICES ON CAMPUS

Where: Frost 232

When: Monday - Friday, 9 a.m. - 4 p.m.

Contact: 413.552.2626 ext. 2626 (during normal office hours)

Student Emergency Fund

If you are struggling financially, the President's Student Emergency Fund can help! This fund



assists HCC students who encounter unforeseen financial emergencies that would prevent them from continuing their education.

The COVID-19 pandemic has made these emergencies even more prevalent, but funding is available to help you overcome barriers related to housing, food, utilities, transportation and childcare. The application takes just a few minutes to complete and is reviewed within 48 hours. Students receive the support they need -- or are directed to other resources -- within a few days. The application form and details can be found on the President's Student Emergency Fund webpage.

[Learn More](#)



[THRIVE Center](#)

Are you dealing with homelessness or legal issues? Are you struggling with food insecurity? Do you think you qualify for SNAP or MassHealth benefits? Need help balancing your budget? Have questions about managing your credit? The Thrive Center can help! The Food Pantry is offering food pickup by appointment only from 10 a.m. - 2 p.m. Monday - Friday at the bus circle. (If coming to campus is not an option for you, please contact Thrive to discuss possible alternatives.) For more information on how to pick up food from HCC's food pantry, click below.

[Click Here for more](#)

Microsoft

Stock up for academic success with free Office.

Office 365

Students and educators at eligible institutions can sign up for Office 365 Education for free, including Word, Excel, PowerPoint, OneNote, and now Microsoft Teams, plus additional classroom tools. All you need is an HCC student email address. Check out [HCC Help Desk](#) for more information.

Holyoke Community College |
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[Unsubscribe wmurphy@hcc.edu](mailto:wmurphy@hcc.edu)

[Constant Contact Data Notice](#)

Sent bytrio@hcc.edu