

**HCC Associate of Arts in Foundations of Health
to
AIC Bachelor or Science in Exercise Science**

Student Name: _____

Evaluator: _____

Date: _____

HCC Course #	HCC Course Name	HCC Credit	AIC Course #	Sub-category	AIC Course name	AIC Credit
Personal and Professional Development						
HTH101	Introduction to Health Careers	3	AIC1140		APEX1 (or elective)	3
			AIC2140		APEX2	1
			AIC3140		APEX3	1
			AIC4140		APEX4	1
Civic and Social Responsibility						
SOC/SCI ELE	Social Science (see AIC approved gen. ed. Sheet)	3	CSR		Civic and Social Responsibility: American Heritage/Society	3
SOC/SCI ELE	Social Science (see AIC approved gen. ed. Sheet)	3	CSR		Civic and Social Responsibility: Global Perspective	3
Human Culture and Expression						
<i>(5 courses, 15 credits total, with 2 courses in Composition and Communication and the 3 remaining courses in at least 2 of the remaining 3 areas)</i>						
ENG101	College Composition I	3	ENG1201		English Composition	3
ENG102	College Composition II	3	ENG 1202		Analytical Writing	3
HUM ELE	Humanities (see AIC approved gen. ed. Sheet)	3	HCE		Human Culture and Expression (see AIC approved gen. ed. Sheet)	3
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HUM ELE	Humanities (see AIC approved gen. ed. Sheet)	3	HCE		Any Human Culture and Expression Course (not previously taken above)- Must be from different sub-category.	3
Major Requirements						
BIO107	General Biology I: Introduction to Cell Functions	4	BIO1400/1401	Scientific Perspectives and Inquiry	Biology I & Lab	4
BIO108	General Biology II: Diversity of Life on Earth	4	BIO1500/1501	Scientific Perspectives and Inquiry	Biology II & Lab	4
BIO217	Anatomy & Physiology I	4	BIO1200/1201		Human Anatomy and Physiology I & Lab	4
BIO218	Anatomy & Physiology II	4	BIO1210/1211		Human Anatomy and Physiology II & Lab	4
			BIO3200		Human Functional Anatomy	3
PSY110	Introduction to Psychology	3	PSY1401		General Psychology I	3
			PSY1501		General Psychology II	3
MTH142	Statistics	3	MAT1430	Quantitative Literacy	Statistics	3
			EXS1100		Introduction to Exercise Science	3
			EXS/PE 1200		Health Science Professions	3
			EXS2100		Research Methods	3
			EXS2300		Motor Development and Learning	3
			EXS2400		Sport and Exercise Nutrition	3
			EXS3100		Human Biomechanics	3
			SRM 1600		Management of Sports Industry	3
			EXS3300		Physiology of Exercise	3
			EXS XXXX		Foundations of Strength and Conditioning	3
			EXS4100		Therapeutic Exercise	3
			EXS4200		Exercise Testing and Rx	3
			EXS4300		Exercise for Special Populations	3
			EXS XXXX		Senior Seminar	2
			EXS4500		Research Seminar	3
			EXS XXXX		Practicum	3
			SRM3203		Sport Psychology	3
Electives						
SOC110	Introduction to Sociology	3	SOC1100		Introduction to Sociology	3
ELE	Elective	3	ELE		Elective	3
ELE	Elective	3	ELE		Elective	3
ELE	Elective	3	ELE		Elective	3
ELE	Elective	3	ELE		Elective	3
			ELE		Elective	3

Total Credits Earned at HCC 61

Total AIC Credits Remaining 59

- all sciences and stats must be completed within the last 5 years